



COLLEGE of SOCIAL AND APPLIED HUMAN SCIENCES

DEPARTMENT OF FAMILY RELATIONS
AND APPLIED NUTRITION

FRHD*1020: Couple & Family Relationships **COURSE OUTLINE – WINTER 2023**

1. CALENDAR DESCRIPTION

A survey of family dynamics throughout the life course, emphasizing themes of power, intimacy and family diversity. Topics may include; gender socialization, sexuality, mate selection, communication, abuse, couple interaction, parent-child relations, divorce, remarriage.

Credit Weight: 0.5 credits

Course Hours: 3-0 (36 lecture; 0 lab/seminar)

Pre-Requisite(s): None

Co-Requisites(s): FRHD*2010

Restriction(s): This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.

2. COURSE DESCRIPTION

This course will serve as an introduction to the world of close relationships, including the diversity of relational experiences both within and between individuals. We will start at the beginning of the lifespan, by examining the role of social and cognitive development in an infant's ability to connect with others. We will then delve into the role of parents, siblings, and other family members during this early period and into adolescence and adulthood. Have you ever noticed how your relational priorities shift from immediate family in your childhood, to friends and romantic interests around the time you hit high school? We will discuss and analyze experiences of 'moving away' from the family unit and building a family of one's own within the adult years. You will notice that there is not one method of working through this transition, and that culture, religion, socioeconomic status, and societal influence can play a large role in individual experiences at all stages of the lifespan.

Those who succeed in this course will be active participants within and outside the classroom; they will regularly attend lecture, complete weekly homework assignments, and keep on top of studying for quizzes and exams. Ideally, this course will provide students with novel information on the study of families while also allowing for active reflection on each students' own experiences with family, friends, and intimate partners.

3. TIMETABLE

Lecture: Wednesdays from 7 to 9:50pm
Location: ROZH 101
Final Exam: Friday, April 14 from 8:30 to 10:30am

4. INSTRUCTIONAL SUPPORT

Course Instructor: Dr. Taigan MacGowan
You can call me: Dr. Mac / Dr. MacGowan
Email: macgowat@uoguelph.ca
Office: Zoom
Office Hours: Wednesdays 10 to 11:30am – Please sign up with Calendly link

Teaching Assistant: Jessica Reid
Email: jreid25@uoguelph.ca
Responsible for: Students with last names starting with A-K
Office Hours: TBA

Teaching Assistant: Josh Schafer
Email: jschafer@uoguelph.ca
Responsible for: Students with last names starting with L-Z
Office Hours: TBA

*Please click [here](#) to read about when and how to contact TAs and instructor

5. LEARNING RESOURCES

Required Resource:

We will be using **Top Hat** (www.tophat.com) to access the digital interactive textbook, ***The Family Dynamic: A Canadian Perspective, 8th edition*** (TH Bundle). This text will be **required** since we also use this program to engage in weekly homework and in-class participation. If you foresee any barriers in obtaining access to this resource, please inform your TA.

If you already have a Top Hat account, go to <https://app.tophat.com/e/633030> to be taken directly to our course. If you are new to Top Hat, follow the link in the email invitation you received or...

- Go to <https://app.tophat.com/register/student>
- Click "Search by school" and input the name of our school
- Search for our course with the following join code: 633030

For more information on how to get started, click here:

<https://success.tophat.com/s/article/Student-Top-Hat-Overview-and-Getting-Started-Guide>

The cost of the textbook is \$72.00 and will be applied at checkout when enrolling in our Top Hat course. Bear in mind that textbook material will be made available in our course throughout the semester, so do not panic if you do not see any in the course upon entry.

Should you require assistance with Top Hat at any time please contact their Support Team directly by way of email (support@tophat.com), the in-app support button, or by calling 1-888-663-5491. Specific user information may be required by their technical support team when troubleshooting issues.

Optional Resource:

If you are interested in purchasing an additional resource that includes more details about the romantic relationships side of the class, you can purchase an online copy of *Intimate Relationships*, 3rd Edition by Bradbury & Karney, available at <https://wnnorton.com/books/9780393640250>

6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

1. Independently and effectively manage deadlines and course requirements
2. Skillfully examine and interpret basic data arranged in charts, tables, graphs, and figures
3. Describe the role of the family in children's early socioemotional milestones and socialization
4. Explain the dynamics of families and intimate relationships over the life course
5. Understand the uniqueness of racial, economic, religious, ethnic, and cultural differences in family and relationship structure, practices, and dynamics
6. Understand diverse experiences surrounding attraction, mate selection, and the structure of intimate partnerships
7. Explain the impact of different societal and cultural influences on families and intimate relationships
8. Understand how individuals process information within their relationships and describe relationship maintenance processes such as social support, communication, forgiveness, shared activities, and capitalization
9. Analyze and understand the intricacies of navigating adversity and conflict in families and intimate relationships
10. Reflect on and apply personal experiences, values, and biases to problems surrounding families and intimate relationships

7. TEACHING AND LEARNING ACTIVITIES

| Week | Topics | TopHat Homework | Other Assignments and Notes |
|------|---|---|--|
| 1 | Course Introduction and What is a family? | Topic 1/Orientation due Sunday, Jan 15 at 8pm | |
| 2 | Early Social Development and Attachment | Topic 2 due Tuesday, Jan 17 at 8pm | |
| 3 | The Early Family Years and Caregiving | Topic 3 due Tuesday, Jan 24 at 8pm | Quiz 1 on Courselink due Sunday, January 29 th at 8pm |
| 4 | The Middle Family Years and the Move to Friendships | Topic 4 due Tuesday, Jan 31 at 8pm | |
| 5 | Attraction and Mate Selection | Topic 5 due Tuesday, Feb 7 at 8pm | Post Midterm Review Questions by Monday 8pm |
| 6 | MIDTERM during class time | No Homework | |
| 7 | READING WEEK – No class | No Homework | |
| 8 | Getting Together and Modern Dating | Topic 6 due Tuesday, Feb 28 at 8pm | |
| 9 | Relationship Maintenance and Communication | Topic 7 due Tuesday, March 7 at 8pm | |
| 10 | Stress, Conflict, and Adversity | Topic 8 due Tuesday, March 14 at 8pm | Quiz 2 on Courselink due Sunday, March 19 th at 8pm |
| 11 | Breaking Up and Starting Again | Topic 9 due Tuesday, March 21 at 8pm | |
| 12 | The Golden Years | Topic 10 due Tuesday, March 28 at 8pm | |
| 13 | Final Exam Review Session | No homework | Post Midterm Review Questions by Monday 8pm |

Note: This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site.

8. ASSESSMENT DETAILS

| Assessment | LOs Addressed | Due Date | % of Final |
|--------------------------------|---------------------|----------------------------|-------------|
| Class Participation | 1-10 | Wednesdays during class | 12% |
| Homework Assignments on TopHat | 1-10 | Tuesdays at 8pm | 15% |
| Quiz 1 | 1-5, 7 | Sunday, Jan 29 at 8pm | 4% |
| Midterm Exam | 1-7 | Feb 15 during class | 30% |
| Quiz 2 | 1, 2, 4, 5, 7, 8 | Sunday, March 19 at 8pm | 4% |
| Final Exam | 1, 2, 4, 5, 7, 8, 9 | Friday, April 14 at 8:30am | 35% |
| Total: | | | 100% |

Class Participation

Each week, you will be granted 1.5% of your final mark for attending lecture and participating in TopHat multiple choice questions and polls. You can complete these activities on a phone, tablet, or computer during lecture. Please see the above Required Learning Resource for more details on gaining access to TopHat.

Marks have been allocated for attendance at 8 out of the available 9 topic lectures (Topics 2-10). This means that you will not be penalized if you are sick one week of the semester. You will **not** be graded on your performance or correctness in classroom quizzing – we simply want to see that you are participating!

If you experience technical issues during lecture, do not panic! Take out a piece of paper and record your answers. Put your name and student number on the sheet and hand it in to your TA at the end of lecture.

Click [here](#) to read more about the procedure in place if you miss more than one class.

Homework Assignments on TopHat

You will be responsible for completing 10 weekly homework assignments (Topics 1-10) through TopHat worth 1.5% each for a total of 15% at the end of the semester. Homework is due Tuesdays at 8pm.

Click [here](#) to read more about the procedure in place for late or missed homework assignments.

Quizzes

You will complete two quizzes on CourseLink – one due Sunday, January 29th at 8pm, and one due Sunday, March 19 at 8pm. These assessments will be worth 4% each and involve True/False and multiple-choice questions on recent course content. More details will be announced closer to the time of the quiz.

Midterm and Final Exam

Your midterm exam, which will take place on Wednesday, February 15th during class, will be worth 30% of your final grade, and consist of True/False and Multiple Choice questions. More details to come on location and other test procedures.

Your Final exam will take place during the April exam period, will be worth 35% of your final grade, and consist of True/False and Multiple Choice questions.

9. COURSE STATEMENTS

Land Acknowledgement:

We acknowledge that the University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer our respect to our Anishinaabe, Haudenosaunee and Métis neighbours as we strive to strengthen our relationships with them. Acknowledging them reminds us of our important connection to this land where we learn and work.

Class Absences:

If you miss class, it is your responsibility to keep up with missed material. You are entitled to one week of missed class without penalized participation marks, however, it is strongly recommended that you only miss class if you are sick or experience other extenuating circumstances. You do not need to alert us if you miss a class.

You will not be able to make up for lost participation marks if you miss more than one class EXCEPT under documented grounds for compassionate consideration.

Under extreme circumstances that require documentation for compassionate consideration (e.g., hospitalization, serious illness lasting more than one week, etc.), you may complete the 'Missed Assessment' form on CourseLink. This form should ideally be completed well in advance of a missed class; however, we will accept submissions up to 24 hours after the missed class. Completing this form does not mean that your absences are automatically excused. You will be contacted with a decision and next steps.

Late Assignments, including Quizzes and Homework:

All assignment deadlines have a grace period of 48 hours. This means that there will not be docked marks if you submit before the extra 48 hours period expires. Please, do not treat the grace period as the deadline, because it is not. The deadline is a hard deadline, and the grace period is in place to account for potential difficulties and life events that can occur at the time of the hard deadline.

Emails asking for late submission during the grace period are not needed and will not be answered: just submit within the grace period. CourseLink will say that it is late, but if it is within 48 hours of the deadline is within the grace period and it is not late.

No extensions over the grace period will be given. You can submit the assignment after the grace period has expired; however, your mark will be docked 10% per day including weekends EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. This policy is in place to guarantee fairness for all students.

Under extreme circumstances that require documentation for compassionate consideration (e.g., hospitalization, serious illness lasting more than one week, etc.), you may complete the 'Missed Assessment' form on CourseLink. Completing this form does not mean that your absences are automatically excused. You will be contacted with a decision and next steps.

Contacting TAs and the Instructor:

If you have a question or require clarification on any content or other course-related procedures, here is the course of action you should take:

1. Check the Syllabus and CourseLink announcements for the information
2. Check the class discussion board – Has your content question already been answered?
Has a clarification already been made on this matter?
3. Ask your question on the discussion board!
4. If the matter is private, please reach out to your assigned TA (Jessica for last names A-K; Josh for last names L-Z)
5. If you need to speak to Dr. Mac directly, please see her after class or schedule an Office Hour using the Calendly link available on CourseLink

You do not need to email us if you:

- **Missed one or more classes**
 - Participation marks will not be docked for one missed class
 - If you miss more than one class under extreme circumstances, please complete the 'Missed Assessment' form on CourseLink to submit documentation
- **Missed a Quiz or Homework**
 - All deadlines have a 48-hour grace period and we do not need to be alerted if you submit within this timeframe
 - If your assignment is more than 48 hours late under extreme circumstances, please complete the 'Missed Assessment' form on CourseLink to submit documentation

- **Have a content question**
 - Ask on the discussion board!
- **Are having technical issues with TopHat**
 - Please contact TopHat's Support Team directly by way of email (support@tophat.com), the in-app support button, or by calling 1-888-663-5491

Course Website:

There is a course website at <http://courselink.uoguelph.ca>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

Receipt of Grades:

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered. [Grades will be based on the Grading Procedures outlined in the Undergraduate Calendar.](#)

10.UNIVERSITY STATEMENTS

E-mail communication:

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

When you cannot meet a course requirement:

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. In this course, you can do this with the 'Missed Class' or 'Missed Assignment' Forms available on CourseLink under 'Quizzes'. See the Undergraduate Calendar for information on regulations and procedures for [Academic Consideration](#).

Drop date:

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for [Dropping Courses](#) are available in the Undergraduate Calendar.

Copies of out-of-class assignments:

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

Accessibility:

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time.

More information: www.uoguelph.ca/sas

Academic misconduct:

The [Academic Misconduct Policy](#) is outlined in the Undergraduate Calendar.

The University of Guelph is committed to upholding the highest standards of academic integrity and **it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct** and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

Instructors **shall not** determine if academic misconduct has occurred. This is up to the Associate Dean Academic's office. Instructors shall not assign a grade of zero even if they believe that the

student has committed some form of academic misconduct (e.g., copied material from a website like CourseHero) on an assignment or exam.

Instructors **can** determine if a student has poorly paraphrased and/or improperly cited material and can provide a grade accordingly as long as this is clearly identified as part of the assessment criteria via a rubric or other assessment tools.

For more information about Academic Integrity resources and how to prevent Academic Misconduct see: <https://csahs.uoguelph.ca/faculty-research/hub-teaching-learning-excellence/academic-integrity>

Recording of materials:

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

Resources:

The [Academic Calendars](#) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

Disclaimer:

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via Courselink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

Illness:

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

COVID-19 Safety Protocols:

For information on current safety protocols, follow these links:

- <https://news.uoguelph.ca/return-to-campuses/how-u-of-g-is-preparing-for-your-safe-return/>
- <https://news.uoguelph.ca/return-to-campuses/spaces/#ClassroomSpaces>

Please note, that these guidelines may be updated as required in response to evolving University, Public Health or government directives.