



COLLEGE of SOCIAL AND APPLIED HUMAN SCIENCES

DEPARTMENT OF FAMILY RELATIONS
AND APPLIED NUTRITION

FRHD*2100 Development of Human Sexuality

COURSE OUTLINE – FALL 2019

1. CALENDAR DESCRIPTION

This course covers a social scientific analysis of human sexuality. Emphasis will be placed on the development of sexuality within an interpersonal context.

Credit Weight:	0.5 credits
Course Hours:	2-1 (24 lecture; 12 lab/seminar)
Pre-Requisite(s):	4.50 credits
Co-Requisites(s):	none
Restriction(s):	This is a priority access course.

2. COURSE DESCRIPTION

This course provides students with an interdisciplinary introduction to the study of human sexuality. Students will examine human sexuality from historical, cultural, developmental, behavioural, physiological, psychological, sociological, and relational perspectives. In addition, this course will allow students to reflect upon their own experiences, development, background, and value stance. The course is comprised of lecture and seminar components. Lectures will include content from the textbook, guest speakers, media, and current sex research. Lectures aim to be interactive – an opportunity to explore your attitudes, beliefs, and feelings about issues in sexuality and to learn about the perspectives of your classmates. Seminars will provide an opportunity for you to explore issues related to sexuality that are of particular interest to you in a smaller group setting. You are responsible for attending seminar sessions and as a member of a small group, you will you make a seminar presentation for students and TA.

MATURE SUBJECT MATTER: VIEWER DISCRETION IS ADVISED

The course material will address a variety of topics in sexuality, therefore, be prepared some topics may challenge your beliefs systems and may create discomfort, whereas other topics may resonate and give voice to your experiences and worldview. You are highly encouraged to engage with the course material using critical self-reflection. If for whatever reason the course material creates emotional distress, you are highly encouraged to seek support from appropriate services both on and off campus. A list of resources is provided in the section student resources in the course outline. Be prepared, sexually explicit media (SEM) may be shown during the lecture sessions. Prior to showing the

SEM, students will be informed, and can choose not to view it without penalty. Given this is a university and higher learning setting; the assumption is students are of adult maturity.

The lecture AND seminar classes have a limit. Seminar switches **MUST** be accomplished by trading with another student, and both students must go **IN PERSON** and meet with Ruth Lesins in the Department of Family Relations and Applied Nutrition in MINS 247. You **CANNOT SHOW UP FOR A SEMINAR YOU ARE NOT ENROLLED IN, and you cannot switch without following appropriate procedures.** Dropping your seminar to enrol in another one on WebAdvisor may result in you losing your spot in the course.

3. TIMETABLE

Lecture: Mon, Wed 10:30-11:20am
Location: ALEX, room 200
Final Exam: **Friday, December 6, 2019: 2:30pm-4:30pm *You must be available for the final exam date**

4. INSTRUCTIONAL SUPPORT

Course Instructor: Dr. Tuuli Kukkonen
Email: kukkonen@uoguelph.ca
Telephone: 519-824-4120 ext. 53345
Office: MINS 237
Office Hours: **Wednesdays 12:00-1:00pm**

Teaching Assistant: Stephanie Bryenton

Email: bryentos@uoguelph.ca

Teaching Assistant: Nicole Elkington

Email: elkingtn@uoguelph.ca

Teaching Assistant: Madison Myers

Email: mmyers05@uoguelph.ca

Teaching Assistant: Skylar Sookpaiboon

Email: skylar.sookpaiboon@uoguelph.ca

5. LEARNING RESOURCES

Required Resource(s):

Title: Human Sexuality in a World of Diversity

Author(s): Rathus, S.A., Nevid, J. S., Fichner-Rathus, L., Herold, E. S., McKay, A, & Milhausen,R.R

Edition / Year: 6th Canadian Edition / 2020

Publisher: Pearson Education Canada

ISBN: 9780135166369

This textbook is available online as a REVEL/etext with a digital access code. For an additional fee, a loose leaf version can be purchased directly through the REVEL platform.

1. Get started by going to:

<https://console.pearson.com/enrollment/yfmoej>

2. Sign in to your Pearson Account or create one.

3. Redeem your access code purchased from the bookstore or purchase instant access online. (Temporary access option for financial aid is also available.)

4. You will be provided with the option at this point to purchase a loose-leaf copy.

You can choose to purchase it now or at a later time (instructions are located in your REVEL confirmation email)

Go to the link below to watch a close captioned video on the how to log in to Revel for students.

<https://youtu.be/pavN9npktBI>

Download the Revel App, so you can work offline! Search Pearson Revel in the Apple App Store or Google Play. It's a free app you can sync with your Revel account once you've registered with the above information.

Recommended Resource(s):

All course communication, slides, learning activities and discussions will take place through our CourseLink (powered by D2L's Brightspace). It is recommended that you log in to your course website every day to check for announcements, access course materials, and review the weekly schedule and assignment requirements.

<https://courselink.uoguelph.ca>

6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

1. Examine the field of human sexuality, specifically the following topics: sexual science research methods, sexuality across the lifespan; relationships and communication, gender identity and sexual orientation, sexual attraction and love, sexual behaviors, anatomy and physiology, sexual pleasure and sexual problems, sexual coercion, harassment, aggression and abuse, contraception, STI's, HIV and AIDS, sexual variations, sex therapy, and the commercialization of sex; recognizing the implications of course content and putting it into a broader context;
2. Analyze issues related to human sexuality, comprehending the variety of political, religious, cultural, biological, social, and historical forces that shape sexuality;
3. Describe the historical development of the field of human sexuality, including the changes in research, perspective and knowledge that have occurred over time;
4. Critically evaluate methodologies used in sexuality research;
5. Establish independence of thought, and the ability to challenge accepted truths about human sexuality and think critically about sexuality as it appears in research and the media;
6. Review the personal and practical implications of course content; becoming informed about issues related to sexuality that will aid in the development of an intelligent, responsible, and fulfilling sexual life;
7. Engage in more critical self-reflection related to aspects of sexuality;
8. Organize your thoughts and ideas about sexuality topics and practice communicating about these with others and
9. Describe language used in the media, common public discourse, and research related to sexuality, gender, and sexual orientation and use language that is inclusive and respectful.

7. TEACHING AND LEARNING ACTIVITIES

Week	Date	Topics	Assigned Readings	Seminar	Notes & Due Dates
1	Sept 9 Sept 11	Introduction Science of Sex	Chapters 1 & 2	Introduction	
2	Sept 16 Sept 18	Science of Sex Anatomy and Physiology	Chapters 2 & 3	Group Presentation Overview	
3	Sept 23 Sept 25	Anatomy cont'd Sexual Arousal and Response	Chapter 4	No seminar- meet with your group!	

Week	Date	Topics	Assigned Readings	Seminar	Notes & Due Dates
4	Sept 30 Oct 2	Sexual Arousal Midterm 1	Chapter 4	No Seminar	Midterm 1 on Oct 2 in class. Covers lectures and chapters 1 through 4 inclusive
5	Oct 7 Oct 9	Sex and Gender Sexual Orientation	Chapter 5 & 9	Topic 1: Non-monogamy (Mon, Wed, Thurs seminar) No FRIDAY seminar	First seminar group presentation
6	Oct 14 Oct 16	No Class Monday Sex, Gender, Orientation cont'd		No Seminar MON, WED, THURS Friday seminar: Topic 1: Non-monogamy	
7	Oct 21 Oct 23	Life Cycle Conception	Chapter 12	Topic 2: Chronic illness and sexual expression	
8	Oct 28 Oct 30	Midterm 2 Pregnancy	Chapter 10	Topic 3: Sex Education	Midterm 2: Oct 28 in class. Covers lectures from week 5-7 and chapters 5,9 &12 (chapter 10 will be on the final exam)

Week	Date	Topics	Assigned Readings	Seminar	Notes & Due Dates
9	Nov 4 Nov 6	Sexual Violence training and support (Guest lecture by the Wellness Centre)	Chapter 17	Topic 4: Masturbation	
10	Nov 11 Nov 13	Contraception and abortion	Chapter 11	Topic 5: Relationships and Social Media	
11	Nov 18 Nov 20	STIs	Chapter 14	Topic 6: Relationship communication	
12	Nov 25 Nov 27 Nov 29	Sexual Variations Sexual Dysfunctions	Chapter 16 Chapter 13		

Note: This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site.

8. ASSESSMENT DETAILS

Assessment	LOs Addressed	Due Date	% of Final
Midterm 1			
Multiple choice and/or short answer based on readings and lecture	LO1, 2, 3, 4	Oct 2	17.5%
Midterm 2			
Multiple choice and/or short answer based on readings and lecture	LO1,2,3,4	Oct 28	17.5%
Group Seminar Presentation			
<ul style="list-style-type: none"> 20% presentation grade 	LO5,6,7,8,9	Various	24%
4% average group participation evaluation			
Peer Presentation Evaluation and Feedback			
<ul style="list-style-type: none"> 3% average audience rating of your presentation 	LO2,4,5,7	Various	6%
3% your evaluation of other groups			
Final Exam	LO1,2,3,4	Dec 6	35%

Assessment	LOs Addressed	Due Date	% of Final
Multiple choice based on readings and lecture			
Total:			100%

GROUP SEMINAR PRESENTATION

The seminar presentation is worth **24%** of the student's final grade (20% for your presentation and 4% for group participation). In groups of 4-5 (or appropriate number given class size), student groups will choose a topic from the seminar topic list, deliver a 35-minute presentation to the class on the assigned date. As a group, you will work collaboratively to research the topic and provide an informative, concise, coherent and creative presentation. **NOTE: presentations CANNOT be rescheduled because all weeks of the seminar are fully booked, therefore if your group does not present on the assigned date, the whole group will receive a grade of 0%.**

PEER EVALUATION & FEEDBACK

Peer evaluation and feedback is worth **6%** of the student's final grade. All presentations will be evaluated by the seminar audience and the average rating for your presentation will be applied to your grade (worth 3%). Additionally, you are responsible for evaluating your peers' seminar presentations and your evaluation of their presentations is also worth 3% of your grade. Students **must** attend and participate in seminar classes and peer presentations.

MIDTERM EXAMINATIONS

The two midterm exams are worth **35%** of the student's final grade (17.5% each). The midterms will take place during class time on **Wednesday, October 2nd, 2019 and Monday, October 28th, 2019**. There will be approximately 30 multiple choice questions on the lecture and reading material covered to that point. More specific details will be posted on Courselink and discussed in class before the examination.

FINAL EXAMINATION

The final exam is worth **35%** of the student's final grade. The exam will be held **Friday, December 6, 2019, from 2:30-4:30pm, location TBA**. The final exam is multiple choice and it will include all course material covered in readings and lectures.

9. COURSE STATEMENTS

Course Website:

There is a course website at <http://courselink.uoguelph.ca>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

Class Attendance

Whether or not you attend class, you are responsible for all material covered. Lecture outlines will be posted on Courselink– you can use these to structure your note taking. If you miss a lecture, it is your responsibility to find someone who would be willing to share notes with you. It is in your best interest

to attend class lectures and seminars, as this is a time to put some of the course content in context, and move the class beyond the text.

Late Assignments:

Late assignments will be accepted up to 5 days following the due date and will receive a penalty of 10% per day EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. If you are going to hand an assignment in late, you must contact your course instructor to inform them when you will be submitting your assignment.

Receipt of Grades:

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered. [Grades will be based on the Grading Procedures outlined in the Undergraduate Calendar.](#)

Student Resources:

THE AIDS COMMITTEE OF GUELPH AND WELLINGTON 519-763-2255

CAMPUS SAFE WALK ext. 53200

THE CENTRE FOR STUDENTS WITH DISABILITIES ext. 56208

COUPLE AND FAMILY THERAPY CENTRE ext. 56426

DISTRESS CENTRE WELLINGTON/DUFFERIN 519-821-3760 , 1-888-821-3760

GUELPH RESOURCE CENTRE FOR GENDER EMPOWERMENT AND DIVERSITY ext. 58559

HUMAN RIGHTS OFFICE THROUGH CSA ext. 52629

THE LEARNING COMMONS, library research help ext. 53617

THE MASAI CENTRE (519) 780-5298

MULTI-FAITH CENTRE ext. 58909

C.J.MUNFORD CENTRE ext. 56911

OFFICE OF HUMAN RIGHTS AND EQUITY ext. 53000

OUT ON THE SHELF 519-515-0691

OUTLINE 519-836-4550

STUDENT COUNSELLING SERVICES ext. 53244

SECURITY SERVICES CAMPUS EMERGENCY LINE: ext. 52000

UNIVERSITY POLICE ext. 52245

THE SEXUAL ASSAULT & DOMESTIC VIOLENCE CARE AND TREATMENT CENTRE AT THE GUELPH

GENERAL HOSPITAL 519-837-6440 ext. 2728

THE SEXUAL HEALTH CLINIC IN GUELPH/WELLINGTON/DUFFERIN HEALTH UNIT 519-846-2715 ext. 4715
or 1-800-265-7293 ext. 4715

STUDENT HEALTH SERVICES ext. 52131

STUDENT SUPPORT NETWORK ext. 55002

THE WELLNESS CENTRE ext. 53327

10. UNIVERSITY STATEMENTS

E-mail communication:

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

When you cannot meet a course requirement:

When you find yourself unable to meet in-course requirements due to illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing with name, ID#, and email contact. [See the undergraduate calendar for information on regulations and procedures for Academic Consideration.](#)

Drop date:

Students have until the last day of classes to drop courses without academic penalty. The regulations and procedures for [Dropping Courses](#) are available in the Undergraduate Calendar.

Copies of out-of-class assignments:

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

Accessibility:

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to book their exams at least 7 days in advance, and not later than the 40th Class Day.

More information: www.uoguelph.ca/sas

Academic misconduct:

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students

need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

[The Academic Misconduct Policy is detailed in the Undergraduate Calendar.](#)

Recording of materials:

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

Resources:

The [Academic Calendars](#) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.