



## COLLEGE of SOCIAL AND APPLIED HUMAN SCIENCES

DEPARTMENT OF FAMILY RELATIONS  
AND APPLIED NUTRITION

### FRAN\*6200 Mental Health Disorders

COURSE OUTLINE – FALL 2022

#### 1. GRADUATE CALENDAR DESCRIPTION

The course involves a multi-disciplinary, in-depth investigation of mental health disorders from a biological, psychological and social perspective from birth (or conception) to old age within the family context. Topics include the historical context, prevalence and aetiology, common disorders and the mental health system, the notion of recovery, stigma and current issues. In keeping with a multi-disciplinary approach, students will have ample opportunity for in-depth examination of topics that align with their professional goals and discipline, and sharing their discoveries with the class.

**Credit Weight:** 0.5 credits

**Course Hours:** 3-0 (36 lecture; 0 lab/seminar)

**Pre-Requisite(s):**

**Co-Requisites(s):**

**Restriction(s):**

#### 2. COURSE DESCRIPTION

The course will involve lectures, analytic review, student presentations and discussions on assigned readings. Guests with expert knowledge will be invited to present. Students will have opportunities to hone their communication skills including writing, oral and interactional skills.

#### 3. TIMETABLE

**Lecture:** 4:30pm to 7:30pm, Wednesdays

**Location:** FVMI, 129

#### 4. INSTRUCTIONAL SUPPORT

**Course Instructor:** Michèle Preyde, PhD

**Email:** mpreyde@uoguelph.ca

**Telephone:** 519-824-4120 ext. 58599

**Office:** MINS 133B

**Office Hours:** by appointment

## 5. LEARNING RESOURCES

### Required Resource(s):

1. A Concise Introduction to Mental Health in Canada 2nd ed by Elliott Goldner, Emily Jenkins and Dan Bilsker. Canadian Scholars' Press: Toronto, 2016
2. Readings on Ares Course Reserve

### Recommended Resource(s):

Readings on Ares Course Reserve

## 6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

1. Understand mental health disorders and the complexities surrounding them
2. Understand the prevalence and aetiology of mental illness
3. Describe prevention and treatment services for mental illness
4. Understand some of the conceptual and practical issues related to the provision of mental health services
5. Understand mental health and addictions service systems
6. Understand contextual issues relevant to mental health disorders

## 7. TEACHING AND LEARNING ACTIVITIES/CLASS SCHEDULE

Week	Topics	Assigned Readings & Guest Speakers
1	Definitions and historical overview	Ch 1, Ares I, II
2	Prevalence & aetiology	Ch 2, Ares III, IV
3	Spectrum of disorders	Ch 4, Ares V,VI
4	Children and youth	Ch 7, Ares VII, VIII
5	Contexts of people with mental illness	* Caring for a Loved One with a Mental Health Disorder - video
6	Younger and older Adults	Ch 10, Ares IX, X
7	Stigma and Culture	Ch 6, 9, Ares XI or XII
8	Addictions and Mental health	Ch 5, 15, Ares XIII or XIV
9	Mental health promotion	Ares XV, XVI
10	Presentations	
11	Mental health services and Interventions	Ch 11, 12, Ares XVII or XVIII
12	Review, summary and conclusions	Ch 13, Ares XIX or XX

**Note:** This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site. \* The class scheduled for week 5 (Oct 12) will be online or on a different week according to student preference.

## 8. ASSESSMENT DETAILS

Assessment	LOs Addressed	Due Date	% of Final
Scientific reflection	1,4,6	Sept 28	20
Abstract of presentation	1-6	Oct 26	10
Presentation	1-6	Nov 16	20
Participation	6	Nov 18	10
Final paper	1-6	Dec 5	40
<b>Total:</b>			100%

**Evaluation:** Assignments are an opportunity for you to explore areas of interest to you.

1. Scientific Reflection paper on the research on mental health disorder (20%) Due Sept 28. Examples of these papers include: a critique of journal articles from the reading list or journal articles you located, a review and critique of an issue related to mental illness, a commentary on the science of current mental health concerns and so forth. The topic should be different than the topic for the final paper. Length: ~four-pages (written concisely), double-spaced not including references.
2. Detailed abstract or plan for the Presentation which also serves to inform and excite audience members (10%) (Oct 26).
3. Presentation (20%) November 16. Students can present on a topic of interest to them; for example, select one mental health disorder or one issue and present it in detail. Details will be reviewed in class.
4. Presentation participation: (10%) Due Nov 18. Prepare a brief comment (e.g., two to three sentences) on each student presentation and/or topic.
5. Final paper (40%) Due December 5, 2022. This paper provides an opportunity for you to develop in-depth knowledge of mental health disorders and to demonstrate this knowledge. Topics should align with your professional interests. Example general topics might include stigma, mental illness in the workplace, accessibility and barriers, justice and mental illness, concurrent disorders, homelessness of people with mental illness and inequality, addictions (e.g., the opioid crisis), ADHD in adults. Length: ~ 7-8 pages, double-spaced, not including references.

All three papers must be submitted through Courselink to Turnitin **in Word**.

## 9. COURSE STATEMENTS

### Land Acknowledgement:

We acknowledge that the University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer our respect to our Anishinaabe, Haudenosaunee and Métis neighbours as we strive to strengthen our relationships with them. Acknowledging them reminds us of our important connection to this land where we learn and work.

### Course Website:

There is a course website at <http://courselink.uoguelph.ca>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

**Late Assignments:**

Late assignments will be accepted up to 5 days following the due date and will receive a penalty of 10% per day EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. If you are going to hand an assignment in late, you must contact your course instructor to inform them when you will be submitting your assignment.

**Receipt of Grades:**

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered.

**Turnitin Software:**

In this course, your instructor will be using Turnitin, integrated with the CourseLink Dropbox tool, to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to maintain academic integrity at the University of Guelph.

All submitted assignments will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. Use of the Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com site.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing academic misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

## **10. UNIVERSITY STATEMENTS**

**E-mail communication:**

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

**When you cannot meet a course requirement:**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Graduate Calendar for information on regulations and procedures for [Academic Consideration](#).

**Drop date:**

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for [Dropping Courses](#) are available in the Graduate Calendar.

**Copies of out-of-class assignments:**

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

**Accessibility:**

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time.

More information: [www.uoguelph.ca/sas](http://www.uoguelph.ca/sas)

**Academic misconduct:**

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The [Academic Misconduct Policy](#) is outlined in the Graduate Calendar.

**Recording of materials:**

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

**Resources:**

The [Academic Calendars](#) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

**Disclaimer:**

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via Courselink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

**Illness:**

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

**COVID-19 Safety Protocols:**

For information on current safety protocols, follow these links:

- <https://news.uoguelph.ca/return-to-campuses/how-u-of-g-is-preparing-for-your-safe-return/>
- <https://news.uoguelph.ca/return-to-campuses/spaces/#ClassroomSpaces>

Please note, that these guidelines may be updated as required in response to evolving University, Public Health or government directives.