

# NUTR\*4040 Clinical Nutrition II

# **COURSE OUTLINE - FALL 2022**

## 1. CALENDAR DESCRIPTION

This course is a continuation of <u>NUTR\*3090</u>. This lecture based course is concerned with the application of nutrition to clinical conditions. Methods and content of medical nutrition therapy in prevention and treatment of gastrointestinal, renal, hepatic diseases and catabolic states will be emphasized. Ethical issues in nutrition management of disease and health professional practice will be addressed.

**Credit Weight:** 0.5 credits

**Course Hours:** 3-0 (36 lecture; 0 lab/seminar)

**Pre-Requisite(s):** 14.50 credits including, [1 of BIOM\*2000, (BIOM\*3100 or BIOM\*3110), BIOM\*3200], (NUTR\*3040 or NUTR\*3090) Restriction(s): Registration in the B.A.Sc. AHN major.

Department(s): Department of Family Relations and Applied Nutrition)

**Co-Requisites(s):** none

**Restriction(s):** Registration in the B.A.Sc. AHN major

#### 2. COURSE DESCRIPTION

NUTR\*4040 is a continuation of NUTR\*3090. This lecture and case study based course focuses on the role of nutrition in the management and/or treatment of various diseases and conditions. Nutritional support (enteral and parenteral) and methods and mechanisms of medical nutrition therapy in catabolic, renal and gastrointestinal conditions will be emphasized. Cancer, Cystic Fibrosis and hepatic and neurological conditions will also be covered, as will ethical and professional issues in dietetic practice.

## 3. TIMETABLE

**Lecture:** Tuesdays and Thursdays 1:00-2:20PM

**Location:** MCKN, Room 120

**Final Exam:** Dec. 12, 2022 8:30-10:30. Location TBA

#### 4. INSTRUCTIONAL SUPPORT

Course Instructor: Dr. Laura Forbes, PhD, RD forbesl@uoguelph.ca
Telephone: 519-824-4120 ext. 52544

Office: MINS 227B

Office Hours: Book an in person or virtual meeting by e-mail

Teaching Assistant: Aiyu Liu, MSc, RD

Email: aiyu@uoguelph.ca

#### 5. LEARNING RESOURCES

## Required Resource(s):

Course notes: A printed version is available from the bookstore. Notes are also free for download from CourseLink

# **Recommended Resource(s):**

The same textbook recommended for Clinical Nutrition I:

Mahan, Escott-Stump, Raymond. Krause's Food and the Nutrition Care Process. 13th or 14th edition. Elsevier Saunders, St. Louis Missouri, 2012.

#### Other Free or Optional Resources:

- 1. You will find the following resources in CourseLink; click on "Content" (on the navbar at the top) and then "Online Readings and Resources":
  - Abbott Nutrition. Adult Nutritional Products Guide. 2011.
  - Health Canada. Nutrient Value of Some Common Foods. 2008.
  - College of Dietitians of Ontario. Jurisprudence & Professional Practice Resources, 2019.
- 2. Online Access to the Academy of Nutrition and Dietetics' Nutrition Care Manual (free to University of Guelph AHN students!). You can access this without a password if you are on campus and navigate to it through the library website. Alternatively, cut and paste the following url into your browser: http://www.nutritioncaremanual.org/

Username: Iday@uoguelph.ca (this is lower case LDAY)

Password: uoguelph

There is a limit of 5 users at any one time, so occasionally you may get a message that you can't get in because the 'seats' are full. It hasn't been an issue in the past, but if it does happen, wait a few moments and then try again.

## On Reserve at the Library

Gibson RS. Principles of Nutritional Assessment, 2<sup>nd</sup> ed. New York: Oxford University Press, 2005.

Mahan, Escott-Stump, Raymond. Krause's Food and the Nutrition Care Process. 13<sup>th</sup> or 14<sup>th</sup> edition. Elsevier Saunders, St. Louis Missouri, 2012.

Nelms M, Sucher K, Lacey K, Long Roth S. Nutrition Therapy and Pathophysiology. 2<sup>nd</sup> edition. Wadsworth, Cengage Learning. Belmont CA, 2011

#### 6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

- 1. Create Nutrition Care Plans for patients with various conditions by A. conducting nutrition assessments, B. making nutrition diagnoses, C. planning and executing nutrition interventions (diet prescriptions, counselling or nutrition education), and D. monitoring and evaluating progress.
- 2. Summarize the background, etiology, pathophysiology, medical management, nutrition implications and nutrition management of various conditions including metabolic stress, chronic renal disease, selected upper and lower gastrointestinal conditions, cancer, hepatic diseases, Cystic Fibrosis and Alzheimer's Disease.
- **3.** Demonstrate broad knowledge of common medications (classifications, modes of action, side effects, drug-nutrient interactions) prescribed to patients with the conditions outlined in #2 above.
- 4. Demonstrate productive teamwork and communication skills.
- **5.** Identify and explain common issues related to professional and ethical practice of dietetics including knowledge of regulatory requirements relevant to the profession

## 7. TEACHING AND LEARNING ACTIVITIES

Week	Topics	Assigned Readings &	Notes &
		Asynchronous material	Due Dates
1	Welcome, course overview, learning outcomes and the Nutrition Care Process	Course Outline Notes Chp 1-4	
2	Hospital Food Service Nutrition Support: <i>Oral and Enteral</i> Assign case study teams	Notes Chp 5, 6 Krause Chp 13 Video: Tube placement in enteral nutrition Video: Refeeding syndrome	
3	Nutrition Support: Parenteral Debrief enteral nutrition practice case	Notes Chp 7 Krause Chp 13 Video: Osmolarity and Osmolality Video: Overfeeding	Complete Enteral Practice Case by Sept 20

Week	Topics	Assigned Readings &	Notes &
		Asynchronous material	Due Dates
4	Disaster Planning	Notes Chp 8, 9	
	Metabolic Stress	Krause Chp 39	
		Video: The ebb and flow phases	
		of metabolic stress	
5	Metabolic Stress	Notes Chp 9,10	Metabolic stress case and
	Cancer	Krause Chp 39, 37	Self/Peer Assessments due at
			4pm on Fri Oct. 8th
6	Cancer	Notes Chp 10	
		Krause Chp 37	
7	Cancer/	Notes Chp 10	Midterm exam on Oct. 20th
	Debrief Metabolic Stress	Krause Chp 37	
	Case		
	Midterm Exam!		
8	Renal	Notes Chp 11	
		Krause Chp 36	
		Video: Kidneys and blood	
		calcium regulation	
9	Renal	Notes Chp 11	
		Krause Chp 36	
		Video: Dialysis	
10	Upper GI	Notes Chp 12, 13	Renal Case study and Self/Peer
	Lower GI	Krause Chp 28, 29 dysphagia p	Assessments due at 11:59pm
		929-933.	on Nov. 9th
		Video: Swallowing and texture	
		modification videos	
11	Lower GI	Notes Chp 13, 14	
	Hepatic Diseases	Krause Chp 29, 30	
		Video: Portal Hypertension	
12	Cystic Fibrosis	Notes Chp 15, 16	GI Case Study and Self/Peer
	Debrief GI Case	Krause p 790-794 and	Assessments due at 11:59pm
	Alzheimer's Disease	p 939-942	on Friday Nov. 18 <sup>th</sup>
		Video: Manifestations of cystic	Part 1 Chart Note Assignment
		fibrosis	due at 11:59pm on Friday Nov. 18 <sup>th</sup>

**Note:** This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site.

# 8. ASSESSMENT DETAILS

Assessment	LOs Addressed	Due Date	% of Final
Case studies (Complete all 3, the best 2 marks	1-4	Throughout the	20% (10%
are counted)	1-4	Semester	each)
Midterm exam – covering material up to the	1-4	Thurs. Oct. 20	25% OR
end of cancer	1-4		35%*
		Part 1 due: Nov.	<b>Part 1</b> : 5%
Charting Note Writing Assignment	4	18 by 11:59pm	Part 2: 10%
Charting Note Writing Assignment	4	Part 2 due: Dec. 2	
		by 11:59pm	
		Available on	
		CourseLink, can be	5%
	5	completed any	
Professional practice and jurisprudence online		time during the	
quiz		semester. You may	
quiz		attempt the quiz	
		an unlimited	
		number of times.	
		Due by Dec. 2.	
Final exam – from renal onwards <u>only</u> . The final	1-4 Dec. 12 8:30-10:30		25% OR
exam is <b>NOT</b> cumulative.			35%*
		Total:	100%

<sup>\*</sup> Either the midterm or the final exam will be worth 35%, depending on which mark is higher. The test on which the student scores a lower mark will be worth 25%.

# 9. COURSE STATEMENTS

## **Land Acknowledgement:**

We acknowledge that the University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer our respect to our Anishinaabe, Haudenosaunee and Métis neighbours as we strive to strengthen our relationships with them. Acknowledging them reminds us of our important connection to this land where we learn and work.

## E-mail Policy:

<u>Please try to keep email to a minimum.</u> For your course content related questions, please ask me during lectures, office hours or post on the "Ask the Prof" CourseLink discussion page. Please check the discussion page regularly – your question may already have been answered! Please e-mail me if there is an emergency or to ask more personal questions (i.e. I'm sick and will miss the midterm, what do I do?" or "I'm having problems with my case study group")

#### **Course Website:**

There is a course website at <a href="http://courselink.uoguelph.ca">http://courselink.uoguelph.ca</a>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

#### **Late Assignments:**

For all assignments there will be a 24-hour grace period. This means that assignments will not be considered late until 24 hours after the official due date. After this, late assignments will be accepted up to 5 days following the grace period and will receive a penalty of 10% per day EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. If you are going to hand an assignment in late, you must contact your course instructor to inform them when you will be submitting your assignment.

# **Receipt of Grades:**

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered. Grades will be based on the Grading Procedures outlined in the Undergraduate Calendar.

#### **Turnitin Software:**

In this course, your instructor will be using Turnitin, integrated with the CourseLink Dropbox tool, to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to maintain academic integrity at the University of Guelph.

All submitted assignments will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. Use of the Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com site.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing academic misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

# **10.UNIVERSITY STATEMENTS**

#### E-mail communication:

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

## When you cannot meet a course requirement:

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Undergraduate Calendar for information on regulations and procedures for Academic Consideration.

#### **Drop date:**

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for <u>Dropping Courses</u> are available in the Undergraduate Calendar.

## **Copies of out-of-class assignments:**

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

## Accessibility:

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time.

More information: www.uoguelph.ca/sas

#### Academic misconduct:

The <u>Academic Misconduct Policy</u> is outlined in the Undergraduate Calendar.

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

Instructors <u>shall not</u> determine if academic misconduct has occurred. This is up to the Associate Dean Academic's office. Instructors shall not assign a grade of zero even if they believe that the student has committed some form of academic misconduct (e.g., copied material from a website like CourseHero) on an assignment or exam.

Instructors <u>can</u> determine if a student has poorly paraphrased and/or improperly cited material and can provide a grade accordingly as long as this is clearly identified as part of the assessment criteria via a rubric or other assessment tools.

For more information about Academic Integrity resources and how to prevent Academic Misconduct see: <a href="https://csahs.uoguelph.ca/faculty-research/hub-teaching-learning-excellence/academic-integrity">https://csahs.uoguelph.ca/faculty-research/hub-teaching-learning-excellence/academic-integrity</a>

#### **Recording of materials:**

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

## **Resources:**

The <u>Academic Calendars</u> are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

#### Disclaimer:

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via Courselink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<a href="https://news.uoguelph.ca/2019-novel-coronavirus-information/">https://news.uoguelph.ca/2019-novel-coronavirus-information/</a>) and circulated by email.

#### Illness:

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

# **COVID-19 Safety Protocols:**

For information on current safety protocols, follow these links:

- https://news.uoguelph.ca/return-to-campuses/how-u-of-g-is-preparing-for-your-safereturn/
- https://news.uoguelph.ca/return-to-campuses/spaces/#ClassroomSpaces

Please note, that these guidelines may be updated as required in response to evolving University, Public Health or government directives.

## Appendix:

For those students enrolled in the Area of Emphasis in Dietetics: The Integrated Competencies for Dietetic Education and Practice (2013; <a href="http://www.pdep.ca/">http://www.pdep.ca/</a>):

Foundational Knowledge Specifications (FKS) that are met by this course:

Foundational Knowledge Specification	Complexity Level	How FKS is met in
	(1, 2, 3)	this curriculum
1. Anatomy and Physiology		
1a. Structure of the human body at the macro and	1	Throughout
cellular level		
1b. Role, function and regulation of the	3	Throughout
integumentary, musculoskeletal, nervous,		
endocrine, cardiorespiratory, urinary, lymphatic and		
digestive systems in health and human disease		
1c. Homeostasis including fluid-electrolyte and acid-	2	Trauma, renal
base balance		
2. Biochemistry		
2d. Mechanisms of metabolic regulation	2	
3. Communication		

Foundational Knowledge Specification	Complexity Level	How FKS is met in
	(1, 2, 3)	this curriculum
3b. Communication channels and techniques, and	3	Medical charting
their appropriate usage		assignment
3c. Strategies for effective written communication	3	Medical charting
		Assignment
3f. Medical and dietetics-related terminology	3	Case studies
4. Counselling		
4b. Counselling strategies and techniques	3	Case studies
4c. Counselling processes	3	
5. Food		
5e. Application of dietary requirements, guidelines,	3	Case studies
and guidance tools to food planning		
5f. Food modification to address therapeutic,	3	Dysphagia case
textural or other needs		study
6. Food Service Systems		
6c. Institutional menu modification to address	3	Diet modification
therapeutic, textural, cultural or other needs		content, dysphagia
		content and a case
		study
7. Health System in Canada		
7a. Organization and delivery of care	1	Throughout
7b. Issues and trends	1	
7c. Political influence	1	
8. Nutrition Across the Lifespan		
8a. Ingestion, digestion, absorption, metabolism and	3	Throughout
excretion of nutrients		
8b. Biochemical utilization of nutrients and energy	2	
8c. Nutrient and energy requirements	3	
8e. Nutrition recommendations and guidelines	3	
8g. Food sources of nutrients and dietary	3	
supplements		
9. Interprofessional Collaboration		
9a. Interprofessional communication	2	Case studies
9b. Patient/client/family/community-centred care	3	
9c. Interprofessional role clarification include the	3	
role of the registered dietitian		
9d. Team functioning	3	
9e. Collaborative leadership	3	
12. Nutrition Assessment		
12a. Food and nutrient intake of individuals and	3	Embedded
populations		throughout the
	3	course, and in case

Foundational Knowledge Specification	Complexity Level	How FKS is met in this curriculum
12b. Environmental and individual factors affecting	(1, 2, 3)	studies
food intake	2	studies
	3	
12c. Anthropometric data collection and interpretation	2	
12d. Biochemical parameter interpretation	2	
· ·	3	
12e. Clinical data collection and interpretation		
13. Nutrition Care Process and Medical Nutrition		
Therapy		E l d.d d
13a. Etiology and pathophysiology of nutrition-	3	Embedded
related diseases	2	throughout the
13b. Nutrition-related disease management	3	course, and in case
strategies		studies
13c. Use of assessment, diagnosis, intervention,	3	
monitoring, evaluation (ADIME) in medical nutrition		
therapy		
13d. Calculation of energy and nutrient		
requirements for conditions/diseases	3	
13e. Goal setting and outcome measurement in		
nutrition therapy	3	
13f. Oral, enteral and parenteral nutrition support		
13g. Feeding assessment, including identification of	3	
chewing, swallowing and feeding problems	2	
13h. Complementary and alternative nutrition		
therapies	1	
14. Pharmacology		
14a. Drug classification relevant to nutrition and	3	Embedded
their modes of action		throughout the
14b. Common medication side effects and	3	course, and in case
contraindications relevant to nutrition		studies.
14c. Drug-nutrient interactions	3	Natural health
14e. Natural health products	1	products are
		covered
		in the cancer unit
<b>15</b> f Disaster planning	1	Lecture on disaster
		planning, midterm
		exam
16. Professional Practice in Dietetics		
16a. Federal, provincial/territorial requirements	2	Online quiz
16b. Practice in a regulated health profession	2	
16c. Ethical conduct	2	
16d. Reflective practice	1	

Foundational Knowledge Specification	Complexity Level (1, 2, 3)	How FKS is met in this curriculum
16e. Professional development	1	
16f. Decision making	3	
16j. Appropriate and secure documentation	2	
practices		
18. Research and Evaluation		
18d. Evidence-informed practice	1	Throughout
19. Psychological and Social Foundations		
19b. Social and psychological aspects of eating and	1	Throughout and in
food choice, in health and disease		case studies
20. Teaching and Learning		
20e. Learning resource selection and development	3	Case studies

Performance Indicators (PI) that are met by this course:

Performance Indicator	How PI is met in this curriculum
1. Professional Practice	
1.01 Comply with federal and provincial /	Quiz and/or final exam
territorial requirements relevant to dietetic	
practice.	
1.01a. Demonstrate knowledge of federal	
legislation, regulations and policies applicable	
to practice.	
1.01b. Recognize non-compliance with	
federal legislation, regulations and policies.	
1.01c. Demonstrate knowledge of provincial /	
territorial legislation, regulations and policies applicable to practice.	
1.01d. Recognize non-compliance with	
provincial / territorial legislation, regulations,	
and policies.	
1.02 Comply with regulatory requirements	
relevant to dietetic practice	
1.02a. Demonstrate knowledge of bylaws and	Quiz
regulations relevant to practice.	
1.02b. Recognize non-compliance with	Quiz
bylaws and regulations.	
1.02c. Demonstrate knowledge of regulatory	(1) Case studies into which scope of
scope of practice, standards of practice and	practice is embedded, (2) final exam
codes of ethics.	
	Quiz

Performance Indicator	How PI is met in this curriculum
1.02d. Recognize non-compliance with	
regulatory scope of practice, standards of	Final exam
practice and code of ethics.	
1.02m. Demonstrate knowledge of the	Quiz
elements of professional boundaries	
1.02n. Recognize non compliance with	
professional boundaries.	
1.06 Use a systematic approach to decision	
making.	
1.06a. Demonstrate knowledge of the role of	Case studies
ethics, evidence, contextual factors and client	
perspectives in decision making.	
1.06b. Demonstrate knowledge of ethical	Final exam
principles for decision making.	
1.06d. Demonstrate knowledge of contextual	Case studies
factors that may influence decision making.	
1.06e. Obtain and interpret evidence	Case studies
1.07 Maintain a client-centred focus	
1.07a. Demonstrate knowledge of the legal	
and moral basis for respecting individual	
rights, dignity and uniqueness.	Final exam
1.09 Use technologies to support practice	
1.09c. Demonstrate knowledge of	Use of PEN pathways and general
technologies to seek and manage	literature searching imbedded into
information relevant to practice, and their	written case studies
appropriate uses.	
1.09d. Use technology to seek and manage	Use of PEN pathways and general
information.	literature searching imbedded into
	written case studies
1.10 Ensure appropriate and secure	
documentation.	
1.10a. Demonstrate knowledge of	Medical chart note writing
documentation principles.	assignment
1.11Assess and enhance approaches to	
dietetic practice	
1.11a. Demonstrate knowledge of the role of	Case studies require students to
evidence, self reflection, and consultation in	identify consultation needs with
assessing effectiveness of approaches to	other health care professionals, e.g.
practice.	MD. Students also incorporate
	evidence-based practice in case
	studies.
	Case studies require students to

Performance Indicator	How PI is met in this curriculum
1.11b. Demonstrate knowledge of sources of	identify a monitoring plan as part of
evidence to assess effectiveness of	the Nutrition Care Process
approaches to practice.	Case studies require students to
1.11e. Seek new knowledge that may support	consult literature and PEN Pathways
or enhance practice activities.	to support their Nutrition Care Plan
2. Communication and Collaboration	to support their reaction care rian
2.01 Select appropriate communication	
approaches.	Students are required to use appropriate
2.01e. Demonstrate knowledge of medical	medical and dietetics-related terminology in
and dietetics-related terminology	completion of case studies
2.02 Use effective written communication	·
skills.	
2.02c. Edit written material for style, spelling	Case studies
and grammar	
2.02d. Write clearly and concisely, in a	
manner responsive to the needs of the	
reader(s).	
2.02e. Write in an organized and logical	
fashion.	
2.02f. Provide accurate and relevant	
information in written material.	
2.02g. Ensure that written material facilitates	
communication.	
2.04 Use effective interpersonal skills.	
2.04b. Utilize active listening	Group work during case studies
2.04h. Establish rapport	
2.06 Contribute productively to teamwork	
and collaborative processes.	
2.06b. Demonstrate knowledge of ways to	Case studies
effectively contribute dietetics knowledge in	
collaborative practice.	
2.06d. Demonstrate knowledge of common	
scenarios where the expertise of other health care providers is a key element in dietetic	
practice.	
2.06i. Facilitate interactions and discussions	
among team members.	
3.Nutrition Care	
3.01 Assess nutrition-related risks and needs	This PI is met through case studies,
3.01a. Demonstrate knowledge of principles	plus any other activities noted for individual
for selection and use of common nutrition	PIs as relevant
risk screening strategies.	

Performance Indicator	How PI is met in this curriculum
3.01c. Demonstrate knowledge of ways to	
identify relevant data to perform a nutrition	
assessment.	
3.01g. Demonstrate knowledge of principles	
for obtaining and interpreting a medical	
history.	
3.01h. Identify principles for selection of	
relevant medical information.	
3.01v. Demonstrate knowledge of ways to	
obtain and interpret information from	Final exam
mealtime / feeding observations.	
3.01aa. Identify signs and symptoms of	
dysphagia.	
3.01dd. Demonstrate knowledge of selection	
and use of methods used to determine	
energy, protein, fluid, macronutrient,	
micronutrient, electrolyte and trace element	
requirements.	
3.01ee. Perform calculations to determine	
nutritional requirements.	
3.01gg. Identify methods to integrate	
assessment findings and identify nutrition	
problems.	
3.01hh. Integrate assessment findings to	
Identify nutrition problem(s).	
3.02 Develop nutrition care plans.	Case studies (including enteral and
3.02a. Demonstrate knowledge of principles	parenteral case studies), and
for prioritization of nutrition care goals based	midterm exam
on risk and available resources.	
3.02c. Demonstrate knowledge of ways to	
identify and select appropriate nutrition	
interventions.	
3.02e. Demonstrate knowledge of ways to	
identify and select appropriate textural and	
therapeutic diet modifications.	
3.02g. Demonstrate knowledge of principles	
for development and modification of meal	
plans.	
3.02i. Demonstrate knowledge of principles	
for supplement selection and use.	
3.02k. Demonstrate knowledge of principles	
of enteral nutrition.	

Performance Indicator	How PI is met in this curriculum
3.02I. Demonstrate knowledge of methods	
for designing enteral feeding regimens.	
3.02m. Calculate enteral nutrition regimen	
requirements.	
3.02n. Design enteral feeding regimes	
3.02o. Demonstrate knowledge of principles	
of parenteral nutrition.	
3.02p. Demonstrate knowledge of methods	
for designing parenteral feeding regimens.	
3.02q. Calculate parenteral nutrition regimen	
requirements.	
3.02r. Design parenteral feeding regimes	
3.02u. Demonstrate knowledge of principles	
for development of a client education plan.	
3.02w. Demonstrate knowledge of strategies	
for monitoring and assessment of nutrition	
care plan outcomes.	
3.03 Manage implementation of nutrition	
care plans.	
3.03a. Identify ways to implement nutrition	
interventions.	
3.03c. Identify the roles of team members in	
supporting the implementation of a care	
plan.	
3.03d. Identify strategies to communicate	
nutrition care plan with client,	Medical chart note assignment
interprofessional team and relevant others.	
3.04 Evaluate and modify nutrition care plan	
as appropriate.	
3.04c. Identify necessary changes to nutrition	
care plan.	Final exam