



## COLLEGE of SOCIAL AND APPLIED HUMAN SCIENCES

DEPARTMENT OF FAMILY RELATIONS  
AND APPLIED NUTRITION

### FRHD\*3090 Poverty & Health

#### COURSE OUTLINE – FALL 2022

#### 1. CALENDAR DESCRIPTION

This course offers an in-depth examination of the factors associated with poverty across the lifespan, with a focus on the relationships between poverty and health and development. Poverty within vulnerable groups, issues concerning inequality and strategies to address poverty will also be explored.

**Credit Weight:** 0.5 credits

**Course Hours:** 3-0 (36 lecture; 0 lab/seminar)

**Pre-Requisite(s):** 8.00 credits including (1 of FRHD\*1010, FRHD\*2060, FRHD\*2260, FRHD\*2270, FRHD\*2280, PSYC\*2450)

**Co-Requisites(s):**

**Restriction(s):** This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.

#### 2. COURSE DESCRIPTION

A key focus of the course are the social determinants of health. The objectives are to develop understanding of poverty and factors associated with poverty, and the influence of poverty on health and development. Other objectives include: Understanding Forms of Inquiry, Literacy, Sense of Historical Development, Global Understanding, Moral Maturity, Depth and Breadth of Understanding, and Independence of Thought. One of the main objectives is to test knowledge, comprehension, and analytic and writing abilities under conditions that require organization and/or forward planning.

#### 3. TIMETABLE

**Lecture:** 5:30 pm to 6:50pm, T, Th

**Location:** MACS 209

**Final Exam:** 8:30 am to 10:30 am on December 14, 2022

#### 4. INSTRUCTIONAL SUPPORT

**Course Instructor:** Dr. Michèle Preyde

**Email:** mpreyde@uoguelph.ca

**Telephone:** 519-824-4120 ext. 58599

**Office:** MINS 133B

**Office Hours:** By appointment

**Teaching Assistant: Maricane Any**

**Email:** many@uoguelph.ca

**Office:**

**Office Hours:** by appointment

## 5. LEARNING RESOURCES

### Required Resource(s):

1. Alan Davidson. Social Determinants of Health 2nd ed. Oxford University Press, 2019.
2. Course Reserve (online via Library)
3. Additional reading material may be provided in class or Course Reserve.

### Recommended Resource(s):

See additional reading materials in Course Reserve

## 6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

1. Analyze poverty and health as a multi-dimensional concepts and trends in social inequality
2. Recognize challenges and solutions to improve/enhance life through poverty reduction
3. Clearly and spontaneously articulate knowledge of poverty and health
4. Develop knowledge of diversity and social justice
5. Critically reflect on ethical and professional issues in interaction with people in a respectful manner
6. Consider the complexity of professional practice with diverse populations
7. Reflect critically on local and global issues affecting health, global citizenship
8. Demonstrate transferrable employability skills such as show respect for diverse contributions and thoughts of others, analyze and integrate relevant information, use thinking skills to anticipate and solve problems, and writing skills

## 7. TEACHING AND LEARNING ACTIVITIES

Week	Topics	Assigned Readings & Guest Speakers	Notes & Due Dates
1 Sept 8	Defining Poverty and Health	Introduction; 1	
2	Health care	Ch 2; 2, 3	
3	Income inequality & measuring poverty	Ch 4 (Davidson); 4	
4	Child poverty	Ch 5; 5,6	Review manual for service providers; Child & Family Poverty in Ontario
5	Social exclusion Oct 6	Ch 7; 7	Test Oct 4

Week	Topics	Assigned Readings & Guest Speakers	Notes & Due Dates
6 Oct 13	Personal experiences and impacts of poverty	Video: Citizen Shame or Salvation	Both options are Online U of G library
7	Social patterning of behaviour	Ch 13; 8	
8	Indigenous Peoples	Ch8; 9, 10	
9	Employment	Ch9; 11	
10	Housing and Homelessness	Ch10; 12, 13,	
11	Food insecurity	Ch 11; 14,15	Test Nov 17
12	Strategies to reduce poverty	16, 17, 18	
13 Nov 29 & Dec 1	Global poverty	Ch 12; 19	

**Note:** This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site. \* The class scheduled for October 13 will be online.

#### Course evaluation

Test I	20% Oct 4, 2022
Test II	30% Nov 17, 2022
Final exam	50% Dec 14, 2022

Test I: This quiz will consist of multiple-choice and short answer questions based on all lecture materials and readings (includes guest lectures, videos etc.).

Test II: This test will consist of one or two essay questions based on all lecture materials and readings (includes guest lectures, videos etc.). Students will choose from a short list of options reviewed in advance in class.

Final examination: Dec 14, 2022, 8:30 am to 10:30 am

Students are responsible for ensuring that they do not have a time conflict with examinations in other courses. You are not permitted to enrol in this course if you have a time conflict with another course.

The final exam will consist of multiple choice and short answer questions and will cover all course material including the required readings, guest presentations, lectures and videos.

### **8. ASSESSMENT DETAILS**

Assessment	LOs Addressed	Due Date	% of Final
Test I	1,3,4,8	Oct 4, 2022	20
Test II	1,2,3,4,5,6,8	Nov 17, 2022	30
Final exam	1,2,3,4,5,6,7,8	Dec 14, 2022	50

Assessment	LOs Addressed	Due Date	% of Final
			<b>Total: 100%</b>

On-line Library Course Reserve: Required Readings

1. Sixteen impacts of population growth
2. Dorman Why poverty is a medical problem. Ont Med Review
3. Website: Community Health Centres  
<https://www.health.gov.on.ca/en/common/system/services/chc/>
4. Social Inequality in Canada, Poverty & Income: measures & trends, Simonetto & Urmetzer
5. Francis L, DePriest K, Wilson M, Gross D. Child Poverty, Toxic Stress, and Social Determinants of Health: Screening and Care Coordination. Online J Issues Nurs. 2018 Sep;23(3):2.
6. Flegel, Chronically ill children and fragile families
7. Abdillahi Social determinants and inequities in health for Black Canadians: A Snapshot. Anti-Black Racism as a Determinant of Health <https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health/social-determinants-inequities-black-canadians-snapshot.html>
8. Poverty and Mental Illness. Backgrounder (pages 1-5), Canadian Mental Health Association, Nov 2007
9. Jetty R. Tuberculosis among First Nations, Inuit and Métis children and youth in Canada: Beyond medical management. Paediatr Child Health. 2020 May 2;26(2):e78-e81. doi: 10.1093/pch/pxz183. PMID: 33747314; PMCID: PMC7962700.
10. Lauwers Suicidal ideation and poverty in First Nations (also see references)  
(Optional) Kendall J Circle of disadvantage: Aboriginal poverty and underdevelopment in Canada. Am Rev Can Studies
11. Mani et al (2013). Poverty impedes cognitive function. Science, 341, 976-80.
12. Erbach, M. (2022) The Knowledge Institute on Child and Youth Mental Health and Addictions. Homelessness and young people's mental health.
13. Hwang, Homelessness and health. CMAJ 2001
14. Ke et al. Food insecurity and hunger; a review of the effects on children's health and behavior
15. Fafard St. Germain, Food insecurity in Nunavut... CMAJ 2019
16. Canada's First Poverty Reduction Strategy  
<https://ares.lib.uoguelph.ca/ares/ares.dll?Action=10&Type=10&Value=303636>
17. Website: Strategies for Reducing Poverty in Ontario  
<https://ontario.cmha.ca/documents/strategies-for-reducing-poverty-in-ontario/#:~:text=Some%20of%20the%20poverty%20reduction,increase%20in%20social%20assistance%20benefits.>
18. Stergiopoulos et al, Effectiveness of Housing First with Intensive Case Management in an Ethnically Diverse Sample of Homeless Adults with Mental Illness: A Randomized Controlled Trial. Plos One, 10(7): e0130281. doi:10.1371/journal.pone.0130281

19. Bhutta ZA, Sommerfeld J, Lassi ZS, Salam RA, Das JK. Global burden, distribution, and interventions for infectious diseases of poverty. *Infect Dis Poverty*. 2014 Jul 31;3:21.

Additional Readings available from Ares Course Reserve for those interested

Liu et al Resilience and Adverse Childhood Experiences: Associations With Poor Mental Health Among Homeless Adults *Am J of Preventive Medicine* 2020;58: 807-16

Gupta, The impact of poverty on the current and future health of children. *Ped Child Health* 2007

Andemann, Taking Action on the social determinants of health, CMAJ

Poverty in Canada; A Backgrounder, Government of Canada

Cass A. Health outcomes in Aboriginal populations. *CMAJ* 2004; 176(6): 597-8

Sheuya. Improving the health and lives of people living in slums. *Ann NY Acad Sci* 2008; 1136: 298-306.

Egeland et al., Food insecurity among Inuit preschoolers, 2007-8. *CMAJ* 2010; 182(3):243-8.

Urbananoski Need for equity in treatment of substance use among Indigenous people in Canada

Marmot Social determinants of the health of Indigenous Australians

Tarasuk et al, Association between household food insecurity and annual health costs

Berkowitz et al., Food insecurity: What is the clinician's role?

CMAJ report on Poverty

Chachamovich et al., Learning from the lives that have been lived

World Health Organization, Poverty and mental health Infosheet

Holder, The code of the streets Armed Conflict and children's life chances UN report: The State of Food Security and Nutrition in the World <http://www.fao.org/3/a-I7787e.pdf> The uses of global poverty (author replied to my request Dec 29 2017)

Murray. Poverty and Health *CMAJ* 2006; 174(7): 923.

Goel et al. Social accountability at the micro level

13 Public health interventions in Canada

WHO Closing the Gap in a Generation: Health equity through action on social determinants of health  
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## **9. COURSE STATEMENTS**

### **Land Acknowledgement:**

We acknowledge that the University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer our respect to our Anishinaabe, Haudenosaunee and Métis neighbours as we strive to strengthen our relationships with them. Acknowledging them reminds us of our important connection to this land where we learn and work.

### **Course Website:**

There is a course website at <http://courselink.uoguelph.ca>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

**Late Assignments:**

Late assignments will be accepted up to 5 days following the due date and will receive a penalty of 10% per day EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. If you are going to hand an assignment in late, you must contact your course instructor to inform them when you will be submitting your assignment.

**Receipt of Grades:**

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered. [Grades will be based on the Grading Procedures outlined in the Undergraduate Calendar.](#)

**Turnitin Software:**

In this course, your instructor will be using Turnitin, integrated with the CourseLink Dropbox tool, to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to maintain academic integrity at the University of Guelph.

All submitted assignments will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. Use of the Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com site.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing academic misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

**10. UNIVERSITY STATEMENTS****E-mail communication:**

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

**When you cannot meet a course requirement:**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Undergraduate Calendar for information on regulations and procedures for [Academic Consideration](#).

**Drop date:**

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for [Dropping Courses](#) are available in the Undergraduate Calendar.

**Copies of out-of-class assignments:**

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

**Accessibility:**

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time.

More information: [www.uoguelph.ca/sas](http://www.uoguelph.ca/sas)

**Academic misconduct:**

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The [Academic Misconduct Policy](#) is outlined in the Undergraduate Calendar.

**Recording of materials:**

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer.

Material recorded with permission is restricted to use for that course unless further permission is granted.

**Resources:**

The [Academic Calendars](#) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

**Disclaimer:**

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via Courselink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

**Illness:**

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

**COVID-19 Safety Protocols:**

For information on current safety protocols, follow these links:

- <https://news.uoguelph.ca/return-to-campuses/how-u-of-g-is-preparing-for-your-safe-return/>
- <https://news.uoguelph.ca/return-to-campuses/spaces/#ClassroomSpaces>

Please note, that these guidelines may be updated as required in response to evolving University, Public Health or government directives.