



COLLEGE of SOCIAL AND APPLIED HUMAN SCIENCES

DEPARTMENT OF FAMILY RELATIONS
AND APPLIED NUTRITION

FRHD*2280 Adolescent Development

COURSE OUTLINE – FALL 2022

1. CALENDAR DESCRIPTION

This course examines psychosocial development in adolescence, emphasizing physiological, social, and emotional changes.

Credit Weight:	0.5 credits
Course Hours:	3-0 (36 lecture; 0 lab/seminar)
Pre-Requisite(s):	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100
Co-Requisites(s):	0
Restriction(s):	This is a Priority Access Course. Some restrictions may apply during some time periods. Please see the departmental website for more information.

2. COURSE DESCRIPTION

This course provides theoretical and scientific attention to the development of adolescent and emerging adults with attention to physiological, cognitive, and socioemotional development. Also, it highlights the importance of an eclectic approach to the theoretical understanding of the multiple influences on development, giving attention to bioecological influences such as the individual, family, social, and cultural contexts. Interactions between both adolescents and emerging adults and their parents and peers, in education and community contexts, and within broader cultural influences will be examined.

3. TIMETABLE

Lecture:	Mondays/Wednesday/Fridays 4:30 pm – 5:20 pm
Location:	MACN, Room 113
Final Exam:	N/A

4. INSTRUCTIONAL SUPPORT

Course Instructor:	David S. Green
Email:	dgreen05@uoguelph.ca
Telephone:	519-824-4120 ext.
Office:	TBA
Office Hours:	By Appointment

Teaching Assistant: Narjes Mosavari, Yoshiyuki Miyasaka

Email: nmosavar@uoguelph.ca, ymiyasak@uoguelph.ca

Office: TBA

Office Hours: By Appointment

5. LEARNING RESOURCES

Required Resource(s):

McMahan, I., & Thompson, S. (2022). *Adolescence Second Canadian Ed.* Pearson.

Recommended Resource(s):

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>

6. LEARNING OUTCOMES

At the completion of the course, successful students will be able to:

1. Demonstrate understanding of the biological, cognitive, and socioemotional processes during adolescence (and emerging adulthood) and the various factors that promote or threaten healthy development.
2. Critically discuss the interactional perspective on adolescent (and emerging adult) development in the context of family, peers, schools, and local or broader cultural communities.
3. Apply theoretical approaches and scientific evidence to both understand adolescents (and emerging adults) and deal with challenges, opportunities, problems, or issues facing adolescents (and emerging adults) and their families.
4. Critically appraise developmental theories based on developmental science and cultural diversity.
5. Utilize adult learning strategies such as critical reflection to challenge and/or develop perspectives pertinent to adolescents' (and emerging adults') development.
6. Demonstrate self-awareness regarding their own personal experience of adolescence (and emerging adulthood) and how this potentially enhances and limits their understanding of the diversity of adolescents' developmental contexts and experiences.
7. Demonstrate understanding of the practical application of knowledge about adolescence (and emerging adulthood) in professional contexts.

7. TEACHING AND LEARNING ACTIVITIES

Week	Topics	Assigned Readings & Guest Speakers	Notes & Due Dates
1	Introduction to Adolescence (Sept 9)	Chapter 1	
2	Approaches to adolescent Research (Sept 12, 14 & 16)	Chapter 1	

Week	Topics	Assigned Readings & Guest Speakers	Notes & Due Dates
3	Puberty and Physical Development (Sept 19, 21, & 23)	Chapter 2	
4	The Brain and Cognitive Development (Sept 26, 28, & 30)	Chapter 3	
5	The self and Identity (Oct 3, 5, & 7)	Chapter 9	Critical Reflection Assignment due Friday, October 7 th at 11:59 p.m. in Dropbox on CourseLink
6	Gender (Oct 12 & 14)	Chapter 8	1 st Online Test due Friday Oct 14 th
7	Sexuality and Intimacy (Oct 17, 19, 21)	Chapter 10	
8	Community Culture and the Media (Oct 24, 26, 28)	Chapter 7	
9	Families (Oct 31, Nov 2 & 4)	Chapter 4	November 4 th , 40 th class day
10	Peers (Nov 7, 9 & 11)	Chapter 5	Research Project due Friday November 11 th at 11:59 p.m. in Dropbox on CourseLink
11	School and Work (Nov 14, 16 & 18)	Chapter 6	
12	Challenges (Nov 21, 23 & 25)	Chapter 11	2 nd Online Test due Friday Nov 25 th
13	Positive Prospects (Nov 28, 30 & Dec 2)	Chapter 12	

Note: This is a tentative schedule; however, due to various unknown factors there may be changes. Any changes will be announced during class and an announcement will be posted on the CourseLink site.

8. ASSESSMENT DETAILS

Assessment	LOs Addressed	Due Date	% of Final
Critical Reflection Assignment	2,3,4,5,6	October 1 st	26%
Weekly Quizzes	1,2	Every Sunday 11:59 p.m.	15%

Assessment	LOs Addressed	Due Date	% of Final
Research Project	1,4,6	Week 10	24%
Test 1	1, 2	Oct 15	15%
Test 2		Nov 25	20%
Total:			100%

9. COURSE STATEMENTS

Land Acknowledgement:

We acknowledge that the University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer our respect to our Anishinaabe, Haudenosaunee and Métis neighbours as we strive to strengthen our relationships with them. Acknowledging them reminds us of our important connection to this land where we learn and work.

Course Website:

There is a course website at <http://courselink.uoguelph.ca>. All components of this course will be housed on the CourseLink site including this course outline, assignments, and links to further resources. Your assignments will be submitted through the Dropbox function. Marks and feedback will also be released on the site. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

Late Assignments:

Late assignments will be accepted up to 5 days following the due date and will receive a penalty of 10% per day EXCEPT under documented grounds for compassionate consideration. Assignments submitted more than one week late without documented grounds will receive a grade of zero. If you are going to hand an assignment in late, you must contact your course instructor to inform them when you will be submitting your assignment.

Receipt of Grades:

After you receive a grade on CourseLink, please review your feedback. Any inquiry or dispute over the grade must be made within two weeks from the date they are posted. If you fail to protest any grade during this time limit, changes to the grade will not be considered. [Grades will be based on the Grading Procedures outlined in the Undergraduate Calendar.](#)

Turnitin Software:

In this course, your instructor will be using Turnitin, integrated with the CourseLink Dropbox tool, to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to maintain academic integrity at the University of Guelph.

All submitted assignments will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism of such papers. Use of the Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com site.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing academic misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

10. UNIVERSITY STATEMENTS

E-mail communication:

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

When you cannot meet a course requirement:

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Undergraduate Calendar for information on regulations and procedures for [Academic Consideration](#).

Drop date:

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for [Dropping Courses](#) are available in the Undergraduate Calendar.

Copies of out-of-class assignments:

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

Accessibility:

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required, however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to make a booking at least 14 days in advance, and no later than November 1 (fall), March 1 (winter) or July 1 (summer). Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time.

More information: www.uoguelph.ca/sas

Academic misconduct:

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The [Academic Misconduct Policy](#) is outlined in the Undergraduate Calendar.

Recording of materials:

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

Resources:

The [Academic Calendars](#) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

Disclaimer:

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via Courselink and/or class email.

This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

Illness:

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

COVID-19 Safety Protocols:

For information on current safety protocols, follow these links:

- <https://news.uoguelph.ca/return-to-campuses/how-u-of-g-is-preparing-for-your-safe-return/>
- <https://news.uoguelph.ca/return-to-campuses/spaces/#ClassroomSpaces>

Please note, that these guidelines may be updated as required in response to evolving University, Public Health or government directives.