

University of Guelph
Department of Family Relations and Applied Nutrition
Mental Health Disorders (FRAN*6200) Course Outline

Fall 2020, Thursdays 4-7pm

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MINS 133B

Course Description

The course involves a multi-disciplinary, in-depth investigation of mental health and illness from a biological, psychological and social perspective from birth (or conception) to old age within the family context. Topics include the historical context, prevalence and etiology, common disorders and the mental health system (or lack of a system), the notion of recovery, stigma and current issues. In keeping with a multi-disciplinary approach, students will have ample opportunity for in-depth examination of topics that align with their professional goals and discipline, and sharing their discoveries with the class.

The course will involve lectures, critical review, student presentations and student-led discussions on assigned readings. Guests with expert knowledge will be invited to present. Students will have opportunities to hone their communication skills including writing, oral and interactional skills.

Course Outcomes and Objectives

1. Understand mental health disorders and the complexities surrounding them
2. Understand the prevalence and etiology of mental illness
3. Describe prevention and treatment services for mental illness
4. Understand some of the conceptual and practical issues related to the provision of mental health services
4. Understand mental health and addictions service systems
5. Understand contextual issues relevant to mental health disorders

Readings

1. A Concise Introduction to Mental Health in Canada 2nd ed by Elliott Goldner, Emily Jenkins and Dan Bilsker. Canadian Scholars' Press: Toronto, 2016
2. Readings on Ares Course Reserve

Evaluation: Assignments are an opportunity for you to explore areas of interest to you.

1. Scientific Reflection paper on the research on mental health disorder (20%) Due Oct 1.
Examples of these papers include: a critique of journal articles from the reading list or journal articles you located, a review and critique of an issue related to mental illness, a commentary on

current mental health concerns and so forth. Length: ~four-pages (written concisely), double-spaced not including references.

2. Presentation (20%) October 22, 29 or November 5. Students can present on a topic of interest to them; for example, select one mental health disorder or one issue and present it in detail. Details will be reviewed in class.
3. Presentation participation: (10%) Due Nov 6. Prepare a brief comment (e.g., two to three sentences) on each student presentation and/or topic.
4. Final paper (50%) Due November 26, 2020. This paper provides an opportunity for you to develop in-depth knowledge of mental health disorder and to demonstrate this knowledge. Topics should align with your professional interests. Example general topics include stigma, mental illness in the workplace, accessibility and barriers, justice and mental illness, concurrent disorders, homelessness of people with mental illness and equality, addictions (e.g., the opioid crisis), ADHD in adults. Length: ~ 7-8 pages, double-spaced, not including references.

All three papers must be submitted through Courselink to Turnitin in Word.

Assessments related to Learning Outcomes

Course evaluation	Learning outcomes	Due date	% Final
Paper	1,4,5	Oct 1	20%
Presentation	1-5	Oct 22, 29 or Nov 5	20%
Participation	1-5	Nov 6	10%
Final paper	1-5	Nov 26	50%

Tentative Schedule

Sept 10 Define and historical overview
 17 Prevalence & etiology
 24 Spectrum of disorders
 Oct 1 Children and youth
 Oct 8 Younger and older Adults
 15 Stigma and Culture
 22 Addictions and Mental health
 29 Presentations
 Nov 5 Presentations
 12 Presentations (or lecture student choice)
 19 Mental health services and Interventions
 26 Knowledge and summary/conclusions

Readings

Chpt 1, I, II
 Chpt 2; III, VI
 Cpt 4; V, VI
 Chpt 7; **VII**, VIII
 Chpt 10; **IX**, X
 Chpt 6; Chpt 9 XI, XII
 Chpt 5; Chpt 15, XII, XIV

 Chpt 11, 12, XV, XVI
 Chpt 13, XVII, XVIII

Disclaimer

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings and academic schedules. Any such changes will be announced via CourseLink

and/or class email. All University-wide decisions will be posted on the COVID-19 website [<https://news.uoguelph.ca/2019-novel-coronavirus-information/>] and circulated by email.

Illness

The University will not normally require verification of illness (doctor's notes) for fall 2020 or winter 2021 semester courses. However, requests for Academic Consideration may still require medical documentation as appropriate.

Regulations

The Graduate Academic Calendar is the source of information about the University of Guelph's procedures, policies and regulations which apply to graduate programs

<https://www.uoguelph.ca/registrar/calendars/graduate/current/>

Please note: "Academic misconduct is behaviour that erodes the basis of mutual trust on which scholarly exchanges commonly rest, undermines the University's exercise of its responsibility to evaluate students' academic achievements, or restricts the University's ability to accomplish its learning objectives."

https://www.uoguelph.ca/registrar/calendars/graduate/current/genreg/sec_d0e2632.shtml

Standard Statements

E-mail Communication

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly: e-mail is the official route of communication between the University and its students.

When You Cannot Meet a Course Requirement

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the graduate calendar for information on regulations and procedures for Academic Consideration.

Drop Date

Courses that are one semester long must be dropped by the end of the last day of classes; two-semester courses must be dropped by the last day of classes in the second semester. The regulations and procedures for Dropping Courses are available in the Graduate Calendar.

Copies of out-of-class assignments

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

Accessibility

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required; however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability.

Use of the SAS Exam Centre requires students to book their exams at least 7 days in advance, and not later than the 40th Class Day.

Additional information can be located here: www.uoguelph.ca/sas

Academic Misconduct

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Graduate Calendar.

Recording of Materials

Presentations which are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a classmate or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

Resources

The Academic Calendars are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.