Fall 2014

Department of Family Relations & Applied Nutrition University of Guelph

FRAN 6160 – Introduction to Systemic Practice in Couple & Family Therapy (limited to students in the CFT Program)

Fall 2014

Course Outline

| Instructor: Office: | Ruth Neustifter, Ph.D. CFT Rm. 247 | Phone: | Ext. 53975 by appointment |
|------------------------|---------------------------------------|------------------|--|
| e-mail: | rneustif@uoguelph.ca | Office Hours: | by appointment |
| c-man. | U | ys. Do not exped | ct a response on weekends or holidays. |
| Classes: | Monday 12:30 p.m. – 4 | :20 p.m. | - |

Course Description

This course features an introductory survey of family therapy concepts to establish a foundation for exploring diversity in family structures and functioning [EG-4]. Best practice standards of professionalism will be introduced [EG-3]. The course has an applied focus featuring basic facilitation, communication, and observational skills. The applied focus will enable students to connect theory to practice; it will include weekly practice and evaluation of beginning interviewing, observational, and analytic skills in simulated, training video observation and/or actual therapeutic settings [**EG-5 Clinical Application preliminary]. This course will include an introduction to current knowledge in the area of interpersonal neurobiology, which will also provide a framework for self-reflection. This focus on self-awareness will allow students to develop skills in building therapeutic relationships that attend to client need with awareness of therapist response [**EG-1 Theoretical Foundations preliminary].

Note that evaluated Educational Goals [EG] and Expected Student Learning Outcomes [ESLO] are attached below. For complete listing of these, see the Student Orientation Manual. **asterisks refer to preparatory and preliminary introduction of concepts and practices that will facilitate subsequent learning and assessment in the areas of theory and practice; these EG will not be formally evaluated in this course.

Course Objectives

- 1. To examine and critique selected concepts in the field of couple and family therapy including an introduction to concepts related to systems theory, clinical process and integrative frameworks; post-modern conceptualizations and current understanding in the field of interpersonal neurobiology and attachment. **[EG-1]
- 2. To practice basic interviewing methods related to facilitating therapeutic change. **[EG-5]
- 3. To develop effective engagement, observation, assessment, and conceptual skills for beginning therapeutic practice. **[EG-5]
- 4. To foster conceptual flexibility as it pertains to therapeutic practice. **[EG-5]
- 5. To examine issues of power and privilege relative to family diversity, especially diversity pertaining to family structures and multi-cultural frames. *[EG-4]*
- 6. To increase self-reflective abilities, self-evaluation skills, and awareness of own responses and sensitivity to diverse experiences of others. [EG-3; EG-4; **EG-5]
- 7. To work with "best practices" standards of professionalism as set out in *The CFT Centre Operations and Procedures Manual.* [EG-3]

| Educational Goals and Expected Student Learning Outcomes | Incorporation and Assessment | | | |
|--|--|--|--|--|
| EG-3 PROFESSIONALISM, ETHICAL CONDUCT and ACCOUNTABILITY | | | | |
| Educational Goal: Students will develop a professional identity as a couple & family therapist who consistently applies the principles of ethical practice in their work with clients, maintains high standards of conduct – including following "best practices" regarding the delivery of therapy services, and engages in critical, reflexive self-evaluation. | | | | |
| ESLO 3 a. Student will gain an understanding of the principles of ethical behaviours and practice within the frame of the AAMFT Code of Ethics. | Incorporated through assigned reading of CFT Procedures Manual and AAMFT Code of Ethics; class discussions. Assessment: Assignment 1. | | | |
| ESLO 3 c. Students will consistently demonstrate "best practices" professional skills as outlined in the CFT Centre Operations & Procedures Manual. | Incorporated through assigned reading of CFT Procedures Manual; class discussions and role- plays. Assessment: Assignment 1. | | | |
| EG-4 SOCIAL CONTEXT AND POWER RELATIONS | | | | |

Educational Goal: Students will integrate a sophisticated sensitivity to diversity into their professional identity as a couple and family therapist, privileging attention to social location/socio-cultural context and including an understanding of social justice issues and awareness of how direct and systemic marginalization, discrimination, and abuse may impact people's everyday lives.

| ESLO 4 a. Students will critically analyze how their social location, values and beliefs shape their professional identity. | Incorporated through assigned reading; class discussions. Assessment: Assignments 2.1, 2.2, and 3. |
|--|--|
| ESLO 4 d. Students will learn strategies to explore and | Incorporated through assigned readings; class |
| address issues of diversity, marginalization, | discussions; role plays in class. |
| discrimination, and abuse in therapy with clients. | Assessment: Assignment 2.2 |

Note that various Core Competencies are demonstrated across a variety of courses in the CFT program. The following are integrated into this course and demonstrated through your preparation and participation in class, as well as in your graded assignments.

| AAMFT Competency | Sub- Domain | Competency | Demonstration of Knowledge |
|---------------------|----------------|---|---|
| 1.1.1 | Conceptual | Understand systems concepts, theories, and techniques that are foundational to the practice of marriage and family therapy. | Participation in class discussions and role–plays; graded assignments 1 & 3 |
| 1.1.2 | Conceptual | Understand theories and techniques of individual, marital, couple, family, and group psychotherapy. | Participation in class discussions and role-plays; graded assignments 1 & 3 |
| 2.1.1 | Conceptual | Understand principles of human development; human sexuality; gender development; psychopathology; psychopharmacology; couple processes; and family development and processes (e.g. family, relational, and system dynamics) | Participation in class discussions; graded assignments 1 & 3 |

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| 2.1.6 | | Understand the strengths and limitations of the models of assessment and diagnosis, especially as they relate to different cultural, economic, and ethnic groups. | Participation in class discussions; graded assignment 1 |
| 6.1.1 | Conceptual | Know the extant MFT literature, research, and evidence-based practice. | Course readings and preparation for class discussions |
| 6.3.1 | Executive | Read current MFT and other professional literature. | Course readings and preparation for class discussions |
| 6.3.3 | Executive | Critique professional research and assess the quality of research studies and program evaluation literature. | Course readings and preparation/ participation in class discussions |
| 6.4.1 | Evaluative | Evaluate knowledge of current clinical literature and its application. | Participation in class discussions; graded assignments 2 & 3 |

Organization:

You might like to think about this course as having three 'strands:'

- *Self-of-therapist*: opportunity to develop self-awareness and skills for managing internal responses.
- *Systemic and Therapeutic orientation*: introduction to ideas that frame interventions, developing basic skills in conceptualizing and interviewing.
- *CFT Centre/AAMFT Standards of Practice*: from a best practices perspective, to orient you to "how things are done" in the CFT Centre.

There are several ways in which we will focus on these strands:

- Self-of-therapist:
 - Courselink journaling in response to reading about utilizing supervision within a CFT context. Utilize the end of chapter questions, or create your own questions for reflection and respond to them. [prep for EG-1,5; EG-4]
 - Skill-building in-class activities focusing in particular on mindfulness and grounding practices.
 - An assignment [#2 Reflection on Journaling Experience] that allows you to reflect on what you have learned through the process of journaling, reading and practicing skill-building in the area of attending to yourself as a therapist [EG-4]. Evaluation will be based on your demonstration of your ability to reflect on what you have learned and to take this to a level of application to self-care/self-awareness while engaging in work as a therapist, as well as an articulation of skills you will require or that you will be developing over time in order to position yourself as a self-aware therapist who can attend primarily to the needs of the people with whom you are working.[ESLO-4a]
- Systemic and Therapeutic Orientation:
 - Weekly class readings provide introduction to these ideas. Your reading and preparation for class discussions may be enhanced by a reading journal guidelines provided for 'writing to learn' with the added value of developing some strategies for managing reading load associated with CFT program
 - Weekly class discussions require reading and preparation prior to class and willingness to bring questions, challenges, and links to other learning to discussion. Discussion will contribute to making direct links to how clinical work is conceptualized.[prep for EG-5]
 - Role-plays in class will allow for practice of beginning interviewing skills. This will require your willingness to take some risks and to respect the risks others take to enhance group and individual learning. [prep for EG-5]
 - An assignment [#3 Observation and Conceptualization of Clinical Practice] associated with observing therapy videos will enhance your own observation and conceptualization skills as applied to actual therapeutic setting [prep for EG-1,3,4,5]. This will be evaluated based on your demonstration of an awareness of therapeutic interventions and process, and an ability to conceptualize the presenting client system/issues with attention to your own position.[ESLO-3c,4a]

- CFT Centre/AAMFT Standards of Practice:

- Readings from CFT Centre Manual and AAMFT Code of Ethics have been assigned across a number of weeks in order to allow you time to read and understand these important procedures. Sometimes these readings will be brought into class discussion immediately, and sometimes a couple of weeks will elapse to allow you time to read all of the required sections and develop questions to bring to class discussion (this distinction is noted in course outline).
- Class discussions will allow for these procedures to be clarified by the instructor and for you to ask questions that arise. Role-plays in class will allow for practice of some aspects of these procedures. *[EG-3]*
- Practice of CFT standards for file preparation will be associated with an assignment [#1 File Documentation] and this will be evaluated in the context of meeting the standards discussed. [ESLO-3a,c]

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Course requirements include the following:

- 1. Assigned Reading: Each student will be expected to read all assigned readings prior to each class. You are expected to come to each class with prepared questions and ideas about how the ideas presented in the readings can be applied to clinical work. Use of a Reading Log will structure your reading- and writing-to-learn skill-development. You are expected to be ready, at the beginning of each class, to participate in discussions and practice activities.
- 2. **CFT Centre Operations Standards:** Each student is expected to read **all** sections of the *CFT Centre Operations and Procedures Manual* and develop a basic ability to apply these policies, procedures, and practices to case-specific material. You will be expected to engage in discussion of the clinical implications of these policies and practices as they apply in your own developing professionalism within the field of couple of family therapy.
- 3. **Professionalism:** Prior to and/or during the first class, each student will read the <u>AAMFT Code of Ethics</u>. After discussion in the first class meeting, each student will sign the CFT Program "Ethics Agreement."
- 4. **Skill Development (Role-Play):** Each student will participate in frequent role-play exercises in class in order to practice a variety of therapeutic interviewing skills. There will be a variety of approaches to setting up these role-plays in which students will have opportunities to be the interviewer and person being interviewed. The intent of these exercises is to ensure that you begin to feel comfortable in listening, asking questions, and conceptualizing presenting concerns and interventions with clients.
- 5. **Skill Development (Videotaping):** As a participant in this course, each student will consent to be videotaped during selected class activities for the purpose of enhancing self-reflection and clinical skill development.¹
- 6. Skill Development (Observation): Each student will observe clinical practice through training videos of professional therapists working with clients, or simulated sessions. There may also be opportunities to watch live sessions at the CFTC behind the mirror, with prior supervisor, intern, and client consent. These observation experiences will be structured and will form the basis for a written project Assignment #3 Observation & Conceptualization of Clinical Practice.
- 7. Skill Development (Self-of-Therapist): Each student will engage in a structured self-reflective practice. You will be expected to increase your awareness of your own responses to client presentation and various circumstances that arise during the course of practicing therapy, and encouraged to use this knowledge of yourself to develop practices that enable you to be both self-aware and attentive to client needs. Such self-awareness is also key to maintaining professionalism in your interactions with other interns and professionals, supervisors, and clinic staff. Evidence of this personal reflection will be shared in the form of a Meta-Reflection Assignment that will demonstrate your learning in terms of developing therapist practice. This is not a requirement to disclose personal information to other students or the instructor (see Disclosure of Personal Information below, and description of assignment evaluation).
- 8. **Teamwork:** Each student is expected to provide feedback to their student colleagues throughout the semester. It is expected each class participant will provide feedback in a respectful and constructive manner at all times.
- 9. Written Assignments: Each student will submit the following written assignments [see separate documents for description of assignments] -
 - **#1** File Documentation
 - #2 Reflection on Journaling Experience (Parts I & II)
 - #3 Observation and Conceptualization of Clinical Practice

Disclosure of Personal Information:

Self-awareness is an important component of this course. As a developing professional it is important to be able to identify what is happening for you now, in the moment, as well as how past experiences and social location influence your perspective on yourself and others. While you will be encouraged to explore your own responses and what they mean for you, you will not be expected to disclose personal information with the class, in large or small groups, or with the instructor that you do not feel comfortable sharing. Evaluation of your participation in this class and of your class assignments is not dependent on your disclosure of personal information. You will be asked to reflect, both in class and in

¹ Electronic recording of classes by students is expressly forbidden without prior consent of the instructor [or, where appropriate, student or guest presenter] and notice to all class participants. Material recorded with permission is restricted to use for this course and may not be reproduced, or transmitted to others, without further express written consent.

written assignments, on what the process of self-examination is teaching you about how best to approach being in a therapist position. This attention to 'process' is different from a focus on content. If at any time you are unclear about this distinction, please talk to the instructor for clarification.

| Evaluation: | | | |
|------------------------|---------------------------------------|---------------------------------------|-----|
| Assignment 1: File Do | ocumentation_ | | 25% |
| DUE DATE - | | November 3, 2014 (beginning of class) | |
| [See separate documen | t for description of assignment] | | |
| Assignment 2: Reflect | ion on Course Content | | 25% |
| DUE DATES – | Part I Reflection | October 20, 2014 (Courselink-noon) | |
| | Part II Reflection & Application | November 28, 2014 (Courselink-noon) | |
| [See separate documen | t for description of assignment] | | |
| Assignment 3: Observ | ation & Conceptualization of Clinical | <u>Practice</u> | 25% |
| DUE DATE - | | November 24, 2014 (Courselink-noon) | |
| [See separate documen | t for description of assignment] | | |
| - | | | |
| [See separate document | a for description of assignment | | |

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 Discussion Board Posts (articles and book chapters)
 25%

 Due on weeks as noted in course table, below. Posts must be made online at least 12 hours before each class on each week when they are due.
 [See separate document for description of assignment]

[See separate document for description of assigning

Assignment Submission Guidelines:

Note that assignments are **due in class or through CourseLink on the due date** (hardcopies handed in during class time, e-submissions are submitted to the appropriate part of CourseLink *by the time specified*). Extensions will be given for medical or compassionate reasons. **Class members are expected to inform the instructor immediately and in writing should an extension be required**. Keep a copy of each assignment you hand in.

Late penalties will be applied at a rate of 10% per day (24 hours) to assignments submitted after the due date/time or previously arranged extension, with no more than a 10 minute grace period for online submissions. It is wise not to wait until the last minute in order to avoid sudden technical delays or other issues. Assignments submitted to the wrong part of CourseLink may not be graded.

Academic Misconduct:

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Graduate Calendar: <u>http://www.uoguelph.ca/registrar/calendars/graduate/current/genreg/sec_d0e1692.shtml</u>

The investigation of cases of academic misconduct cases and the cases that are heard at the Admissions and Progress Committee indicate that many graduate students, especially those new to Canada, are not aware of University regulations reflected in the attached statements. In particular, issues related to academic consideration, dropping courses, and lack of awareness of behaviour that constitutes academic misconduct may all lead to disruption or delay of a student's academic studies and require considerable time and effort from faculty and administrative staff to resolve resulting problems. In the case of the graduate academic misconduct policy, the Graduate Calendar states:

"It should not be possible for a student to claim that he/she was not warned about the University's academic misconduct regulations, what constitutes academic misconduct and the potential consequences of transgressing."

Course and Instructor Evaluation:

You are invited to talk to the instructor, outside of class time, if you have suggestions for changes at any point during the course. At the halfway point in the semester, we will review the course to date. You will have an opportunity for formal evaluation of the course and instructor at the end of the course.

Absences/Class Attendance:

This course depends heavily on collaborative and active engagement of class members in learning activities. In the unlikely event that you are unable to attend class, or know in advance that you will be late, please contact the instructor by e-mail (rneustif@uoguelph.ca) or voicemail (ext. 53975) *prior to class*. If you must leave class early, you are expected to advise the instructor in advance.

<u>Required Textbook</u>:

Boyd, G. E. (2014). *A student's guide to clinical supervision: You are not alone*. Taos: The Taos Institute Publications. (Available by ebook and paperback. Either copy is fine, so long as you can bring it to class.)

Readings, other than the text, are available through the D2L Course website, under readings or through Ares library reserve:

- Logon to <u>Courselink</u> using your UofG user name and password
- Click on FRAN*6160 on Registered Student tab journal papers and chapters are listed under 'Content' 'Course Readings' 'Ares course reserve'
- *CFT Centre Manual is posted on the Couple and Family Therapy Centre Courselink site, which is on the Guest tab again look under 'Content' on this site.*

You will be able to read these papers on-line or save them to your own directory to read electronically. Note that **you may not use the CFT Centre printer to print course readings – this is a very important reminder**. Printing readings for your own use does not violate copyright laws, and printers are available at a cost at various on-campus locations (you will need a vendacard from the main library).

<u>Accessibility</u>: The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact the Centre for Students with Disabilities as soon as possible: http://www.uoguelph.ca/csd/

Extra Credit: Some semesters there may be opportunities for extra credit made available to the class, although it is never guaranteed and should not be assumed. These opportunities may take the form of participation in REB research studies, or other projects. Should extra credit become available for research study participation, the student will always have a similar alternate available that does not require research participation.

| Week, date, and topic of class | Come prepared by having read | Assignment due |
|--|---|--|
| Week 1 – Sept. 8 - Introduction to the Course, CFT Manual, and AAMFT Code of Ethics | Centre Operation & Procedures Manual Sections 1, 2, 3, and 17 AAMFT Code of Ethics (CFT Centre Operation & Procedures Manual Appendix B or AAMFT website) | Sign CFT Program "Ethics Agreement" in class. Bring printed Centre Manual, including AAMFT Code of Ethics, in tabbed binder. |
| Week 2 – Sept. 15 - Creating Meaning - Role-play Session 1 Intake Forms | Anderson, H. (2007). Dialogue: People creating meaning with each other and finding ways to go on. In H. Anderson & D. Gehart (Eds.), <i>Collaborative therapy: Relationships</i> <i>and conversations that make a difference</i> (pp. 33-41). New York: Routledge. | Discussion board: book chapter questions, article post. Bring 2 spare Intake Forms to class |
| | Book chapters 1, 2 | |

| Week, date, and topic of class | Come prepared by having read | Assignment due |
|-----------------------------------|---|----------------------------------|
| Week 3 – Sept. 22 | CFT Centre Operation & Procedures Manual | Submit fictionalized client |
| | Sections 4, 5, 6, 7, and 11 | Intake Form for Assignment #1 |
| - CFT Manual | | role-plays (on paper at start of |
| | Book chapters 3, 4 | class). |
| - Utilizing supervision (book | | |
| chapters 1-4 discussion) | | Discussion board: book chapter |
| | | questions, article post. |
| - More role-play Session 1 Intake | | |
| Forms (Instructor reviews Intake | | Bring 2 spare Intake Forms to |
| Forms w/ students) | | class |
| Week 4 – Sept. 29 | Iversen, R.R., Gergen, K.J., & Fairbanks II, | Book therapist-client role-plays |
| | R.P. (2005) Assessment and social construction: Conflict or co-creation? <i>British</i> | for Assignment #1 between |
| - Systemic Orientation / Mapping | Journal of Social Work, 35, 689-708. | Sept. 29 and Oct. 20 |
| - Role-play & Harry Potter | | Discussion board: article posts. |
| Genograms | Madsen, William (2011). Collaborative | 1 |
| | helping maps: A tool to guide thinking and | |
| | action in family-centered services. <i>Family</i> <i>Process</i> , 50, 529-543. | |
| | 1100033, 50, 527-545. | |
| | See link to Kathleen Galvin's website on | |
| | Genograms (available on courselink) Basic | |
| | Genogram Components: <u>http://faculty-</u> | |
| | web.at.northwestern.edu/commstud/galvin/ | |
| | <u>components.html</u> | |
| Week 5 – Oct. 6 | Tomm, Karl. 1988. Interventive interviewing: | Discussion board: book chapter |
| | Part III. Intending to ask lineal, circular, | questions, article posts. |
| - Systemic Interventions / | strategic, or reflexive questions? Family | |
| Questions | Process. 27:1-15. | |
| - Group activity: systemic | Fleuridas, C., Nelson, T.S., & Rosenthal, | |
| questions in response to | D.M. (1986). The evolution of circular | |
| http://animatedminds.com/ | questions: Training family therapists. Journal | |
| http://youtu.be/XiCrniLQGYc | of Marital and Family Therapy, 12(2), | |
| | 113-127. | |
| | Book chapters 5, 6 | |
| Oct. 13 – NO CLASS (Moved | NO CLASS | NO CLASS |
| to November 28th) | | |

| Week, date, and topic of class | Come prepared by having read | Assignment due |
|--|---|--|
| Week 6 – Oct. 20 | Book chapters 7, 8 | Deadline for completing role- plays for Assignment #1 |
| - Neuroscience and interpersonal connection | | Discussion board: book chapter questions |
| - In class watch AAMFT plenary videos | | Assignment #2 / Part I – Reflection of Journaling Experience due. |
| Week 7 – Oct. 27 - Considering cultural complexities | Falicov, Celia (1995). Training to think culturally: A multidimensional comparative framework. <i>Family Process</i> , <i>34</i> (2),373-388. Hays, Pamela (2008). Addressing cultural | AAMFT student membership application submitted, confirmation to Kara McFarlane. |
| - Professionalism in session, between interns, and in supervision. What do we want to co-create as a cohort? | complexities in practice: A framework for clinicians and counsellors (Chapter 1: Seeing the forest and the trees, pp. 3-20; Chapter 2: Becoming a culturally responsive therapist, pp. 21-39). Washington, DC: American Psychological Association. | Discussion board: article posts |
| Week 8 – Nov. 3 - CFT Centre Manual Discussion - Suicide Risk Assessment; Child Abuse / Neglect Assessment & Reporting; Assessing for Intimate Partner Violence; Assessing for Substance Abuse / Gambling Behaviours - Assessment role-plays: hive mind style | CFT Centre Operation & Procedures Manual Sections 12, 13, and 14. | Assignment #1 File Documentation due at beginning of class |
| Week 9 – Nov. 10 | CFT Centre Operation & Procedures Manual Sections 8, 9, 10, and 16. | Bring a clipboard, paper, and writing utensil. |
| - Best Practice Procedures, Self- of-Therapist, and supervision | | Keep working on remaining assignments. |
| Strengths questions interviews CFT Centre Manual Discussion | | |

| Week, date, and topic of class | Come prepared by having read | Assignment due |
|---|---|--|
| Week 10 – Nov. 17 Language in Therapeutic Dialogues Therapy scenario role plays in groups Write letter to Practicum III self | Lock, Andy & Strong, Tom (2012). Discursive therapy: Why language, and how we use it in therapeutic dialogues, matters. In A. Lock & T. Strong (Eds.), <i>Discursive</i> <i>perspectives in therapeutic practice (pp.1-22)</i> . Oxford: Oxford University Press. Flaskas, Carmel (2010). Frameworks for practice in the systemic field: Part I – continuities and transitions in family therapy knowledge. <i>The Australian and New Zealand</i> <i>Journal of Family Therapy, 31, 232-247</i> | Keep working on remaining assignments. |
| Week 11 – Nov. 24 - Neuroscience and Attachment in Therapy - AAMFT Plenary Videos | CFT Centre Operation & Procedures Manual Sections 15 and 18. Fishbane, M. (2007). Wired to connect: Neuroscience, relationships, and therapy. <i>Family Process</i> , 46, 395-412. Codrington, R. (2010). A family therapist's look into interpersonal neurobiology and the adolescent brain: An interview with Dr. Daniel Siegel. <i>The Australian and New</i> <i>Zealand Journal of Family Therapy</i> , 31, 285-299. | Assignment #3, Observation and Conceptualization of Clinical Practice due. Sign up for final class pitch-in during today's class. Food allergies, restrictions, etc.? |
| Week 12 – Nov. 28 Note that this is a Thursday - Wrap-up and celebration - Centre Manual quiz game - Evaluations, etc. paperwork | Review your assignments and posts, come prepared with 3+ things you hope to bring forward from this class. Be ready to share them. Bring your tabbed Centre Manual. | Assignment #2 / Part II – Reflection on Journaling Experience due. |