

UNIVERSITY OF GUELPH
 Department of Family Relations and Applied Nutrition
 FRHD*3090 POVERTY AND HEALTH
 Winter 2018 Course Outline

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Required Readings:

1. Marmot M, Wilkinson RG. Social Determinants of Health 2nd ed. Oxford Press, 2006.
2. Course Reserve (online via Library)
3. Additional reading material will be provided in class or Course Reserve.

Course Description

In this course factors associated with poverty across the lifespan, with a focus on the relationships between poverty and health and development will be examined in-depth. Poverty within vulnerable groups, issues concerning inequality and strategies to address poverty will also be explored.

Course Objectives The objectives are to develop understanding of poverty and factors associated with poverty, and the influence of poverty on health and development. Other objectives include: Understanding Forms of Inquiry, Literacy, Sense of Historical Development, Global Understanding, Moral Maturity, Depth and Breadth of Understanding, and Independence of Thought. A main objective is to test knowledge, comprehension, and analytic and writing abilities under conditions that require organization and forward planning.

Course Organisation and Assignments

The course consists of 3 classes each week during which students are encouraged to take an active part in terms of questions and discussion on lectures and guest lectures, and other course materials. Grades will be based on the “Grading Procedures” outlined in the Undergraduate Calendar http://www.uoguelph.ca/undergrad_calendar/08-grds.shtml. Academic Misconduct will be reported. Please refer to the Undergraduate Calendar http://www.uoguelph.ca/undergrad_calendar/08-amisconduct.shtml.

Course evaluation

Test I	20%	Feb 9, 2018
Test II	30%	Mar 23, 2018
Final exam	50%	Apr 16, 2018

Test I: This quiz will consist of multiple choice questions and short answer questions based on all lecture materials and readings (includes guest lectures, videos etc.).

Test II: This test will consist of one or two essay questions based on all lecture materials and readings (includes guest lectures, videos etc.). Students will choose from a short list of options.

Final examination: April 16, 2018, 8:30 – 10:30

Students are responsible for ensuring that they do not have a time conflict with examinations in other courses. You are not permitted to enrol in this course if you have a time conflict with another course. The final exam will consist of multiple choice and short answer questions, and will cover all course material including the required readings, guest presentations, lectures and videos.

Tentative Course Schedule

Readings * Ch denotes text book; just a number is from list below

Week 1 Overview, Defining and Measuring Poverty	Ch1; 1, 2
Week 2 Defining & Measuring Health	Ch2; 3
Week 3 Early Life & Life Course	Ch3, Ch4
Week 4 Indigenous families	4, 5, 6, 7, 8
Week 5 Test February 9, 2018	
Employment & The working poor	Ch5, Ch6
Week 6 Child Development	10, 11, 12, 13
Week 7 READING WEEK	
Week 8 Food Insecurity	Ch9; 14, 15, 16
Week 9 Mental Health	17, 18, 19
Week 10 Housing Insecurity & Homelessness	20, 21, 22; Ch14
Week 11 Social exclusion and Seniors	Ch10 p207-17, Ch 12, Ch13
Test Mar 23, 2018 Test	
Week 12 Global poverty	23, 24, 25; Ch15 p 331-7
Week 13 Students' choice & Review	26, 27

(homework: no class Feb2, 16 and Mar 9, 16) Videos: Citizen Shame; Aboriginal Residential School; Salvation, and others

On-line Library Course Reserve

1. Poverty in Canada: <https://www.canada.ca/en/employment-social-development/programs/poverty-reduction/backgrounder.html>
 2. Sixteen impacts of population growth
 3. Sheuya. Improving the health and lives of people living in slums. Ann NY Acad Sci 2008; 1136: 298-306.
 4. Cass A. Health outcomes in Aboriginal populations. CMAJ 2004; 176(6): 597-8
 5. Kendall J Circle of disadvantage: Aboriginal poverty and underdevelopment in Canada. Am Rev Can Studies
 6. Egeland et al., Food insecurity among Inuit preschoolers, 2007-8. CMAJ 2010; 182(3):243-8.
 7. Urbanoski Need for equity in treatment of substance use among Indigenous people in Canada
 8. Lauwers Suicidal ideation and poverty in First Nations (see references)
 9. Marmot Social determinants of the health of Indigenous Australians
 10. Gupta, The impact of poverty on the current and future health of children. Ped Child Health 2007
 11. Mani et al (2013). Poverty impedes cognitive function. Science, 341, 976-80.
 12. Flegel, Chronically ill children and fragile families
 13. Tarasuk et al, Association between household food insecurity and annual health costs
 14. Ke et al. Food insecurity and hunger; a review of the effects on children's health and behaviour
 15. Berkowitz et al., Food insecurity: What is the clinician's role?
 16. CMAJ report on Poverty
 17. Poverty and Mental Illness. Backgrounder (pages 1-5), Canadian Mental Health Association, Nov 2007
 18. Chachamovich et al., Learning from the lives that have been lived
 19. Hwang, Homelessness and health. CMAJ 2001.
 20. World Health Organization, Poverty and mental health Infosheet
 21. The code of the streets
 22. Armed Conflict and children's life chances
 23. UN report: The State of Food Security and Nutrition in the World <http://www.fao.org/3/a-I7787e.pdf>
 24. The uses of global poverty (author replied to my request Dec 29 2017)
 25. Murray. Poverty and Health CMAJ 2006; 174(7): 923.
 26. Goel et al. Social accountability at the micro level
- (SEE: 13 Public interventions in Canada & WHO Closing the Gap in a Generation: Health equity through action on social determinants of health)