

UNIVERSITY OF GUELPH  
 Department of Family Relations and Applied Nutrition  
 FRHD\*3090 POVERTY AND HEALTH  
 Winter **2016 Course Outline**

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Required Readings:

1. Marmot M, Wilkinson RG. Social Determinants of Health 2<sup>nd</sup> ed. Oxford Press, 2006.
2. A course reader is available at the University Bookstore.
3. Course Reserve (online via Library)
4. Additional reading material will be provided in class or Course Reserve.

Course Description

In this course factors associated with poverty across the lifespan, with a focus on the relationships between poverty and health and development will be examined in-depth. Poverty within vulnerable groups, issues concerning inequality and strategies to address poverty will also be explored.

Course Objectives The objectives are to develop understanding of poverty and factors associated with poverty, and the influence of poverty on health and development. Other objectives include: Understanding Forms of Inquiry, Literacy, Sense of Historical Development, Global Understanding, Moral Maturity, Depth and Breadth of Understanding, and Independence of Thought.

Course Organisation and Assignments

The course consists of 3 classes each week during which students are encouraged to take an active part in terms of questions and discussion on lectures and guest lectures, and other course materials. Grades will be based on the “Grading Procedures” outlined in the Undergraduate Calendar [http://www.uoguelph.ca/undergrad\\_calendar/08-grds.shtml](http://www.uoguelph.ca/undergrad_calendar/08-grds.shtml). Academic Misconduct will be reported. Please refer to the Undergraduate Calendar [http://www.uoguelph.ca/undergrad\\_calendar/08-amisconduct.shtml](http://www.uoguelph.ca/undergrad_calendar/08-amisconduct.shtml).

Course evaluation

Test I	20%	Feb 8, 2016
Test II	30%	Mar 23, 2016
Final exam	50%	Apr 19, 2016

Test I: This test will consist of multiple choice questions and short answer questions based on all lecture materials and readings (includes guest lectures, videos etc.).

Test II: This test will consist of one or two essay questions based on all lecture materials and readings (includes guest lectures, videos etc.). Students will choose from a short list of options.

Final examination: April 19, 2016, 2:30 – 4:30

Students are responsible for ensuring that they do not have a time conflict with examinations in other courses. You are not permitted to enrol in this course if you have a time conflict with another course. The final exam will consist of multiple choice questions, and will cover all course material including the required readings, guest presentations, lectures and videos.

**Tentative Course Schedule**

Readings \* Ch denotes text book; just a number is from list below

Week 1 Overview, Defining and Measuring Poverty	Ch1; 13, 14
Week 2 Defining & Measuring Health	Ch2; 7
Week 3 Early Life & Life Course	Ch3, Ch4
Week 4 Aboriginal families	1, 2, 3, 16
Week 5 <b>Test February 8, 2016</b> Employment & The working poor	Ch5, Ch6
Week 6 READING WEEK	
Week 7 Child Development	9, 11, 12
Week 8 Food Insecurity	Ch9; 18
Week 9 Mental Health	4, 6, 10
Week 10 Housing Insecurity & Homelessness	5, 15; Ch14
Week 11 Social exclusion and Seniors	Ch10 p207-17, Ch 12, Ch13
<b>Test Mar 23, 2016 Test</b>	
Week 12 Global poverty	17, 19; Ch15 p 331-7
Week 13 <b>Students' choice</b> & Review	8

On-line Library Course Reserve

1. Cass A. Health outcomes in Aboriginal populations. CMAJ 2004; 176(6): 597-8
2. Kendall J Circle of disadvantage: Aboriginal poverty and underdevelopment in Canada. The American Review of Canadian Studies Sr/Sum pp43-59
3. Egeland et al., Food insecurity among Inuit preschoolers: Nunavut Inuit Child Health Survey, 2007-8. CMAJ 2010; 182(3):243-8.
4. Poverty and Mental Illness. Backgrounder (pages 1-5), Canadian Mental Health Association, November 2007 ([www.ontario.cmha.ca](http://www.ontario.cmha.ca))
5. Hwang, Homelessness and health. CMAJ 2001.
6. World Health Organization, Poverty and mental health Infosheet
7. Sheuya. Improving the health and lives of people living in slums. Ann NY Acad Sci 2008; 1136: 298-306.
8. Murray. Poverty and Health CMAJ 2006; 174(7): 923.
9. CMAJ report on Poverty
10. Chachamovich et al., Learning from the lives that have been lived
11. Gupta, The impact of poverty on the current and future health of children. Ped Child Health 2007
12. Mani et al (2013). Poverty impedes cognitive function. Science, 341, 976-80.

Course Reader

13. Poverty in Canada Today
14. Sixteen impacts of population growth
15. The code of the streets
16. Indian Elders
17. Armed Conflict and children's life chances
18. Population food and nutrition
19. The uses of global poverty

Videos: Citizen Shame; Aboriginal Residential School; Salvation, and others