

*Family Relations & Applied Nutrition*  
University of Guelph

## ***FRHD\* 1010: Introduction to Human Development***

Tuesdays 7:00 – 9:50 PM  
ROZH 104

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Office hours: By appointment

### **COURSE DESCRIPTION**

This course is designed to provide students with a greater understanding of human development across the life span from a cultural perspective. With a chronological approach, human development will focus on specific stages of life (prenatal, infancy, early childhood, school-age, adolescence, and young, middle, and late adulthood). Various topical issues such as physical, cognitive, socioemotional development will also be discussed.

### **REQUIRED READINGS**

The textbook can be purchased at The Bookstore. The textbook is on 2-hour reserve at the Library.

#### ***Required Textbook***

Berger, K. S., & Chuang, S. S. (2014). *Invitation to the Life Span: Canadian Edition*. Second Edition. New York, NY: Worth Publishers.

**NOTE:** The major project is based on the required textbook and any use of other textbooks will be at your own risk (e.g., wrong page numbers will receive a deducted grade). If you want to use a different textbook, then it is your responsibility to compare that textbook with the required textbook.

### **COURSE GOALS & OBJECTIVES**

By the end of the course, students should be knowledgeable about the:

- basic theoretical approaches to development from a cultural perspective;
- basic research methodologies and issues surrounding conducting research;
- developmental stages of growth and development across the life-span;
- developmental issues that affect parents, children, and extended family systems in varying multicultural and diverse societies; and
- current developmental research, practices, and policies.

## PROTOCOL FOR CONTACTING PROFESSOR AND/OR TAs

For this course, there may be times when more clarification is useful. Please follow the following protocol:

1. Read the syllabus. If the answers to your questions are in the syllabus, the TA will refer you to the syllabus. All students are responsible for reading the syllabus.
2. If the answer to your question is not found in the syllabus, please read the posts in the DISCUSSION area for the following questions:
  - a. **Scrapbook Discussion:** If you have questions about the scrapbook, read this section. If the answer is not there, post your question.
  - b. **General Discussion:** This is open to all students so please feel free to get assistance from your peers! Work together – it's all good! Just don't copy each other....that's plagiarism.
  - Please note that a TA will post the answer in 2 to 3 business days. Make sure that you are specific about your question/concern.
  - **NOTE: all questions must be posted by FRIDAY, MARCH 20 at 12 PM.** Any questions after this will not be responded to by a TA.
3. If you have additional questions, please contact me, Prof. Chuang. We can set up an appointment in person if you are on campus or I can reply by email. **Please make sure that you address me (and other instructors) as either Prof. or Dr. Chuang.** Many Professors do get offended so please be careful! Make sure that you sign your name at the end of the email as well. I will respond in 2 – 3 business days.
4. If you want to create study groups/partners, please do NOT use the listserv. There is a STUDY GROUPS DISCUSSION that is set up for that.
5. \*Please keep in mind that I am in regular contact with all of the TAs and am always updated on what is being asked by you. If there are issues or concerns to be addressed, I will post my response on the Courselink page on NEWS. I will also put out reminders, FYIs, and other helpful hints so that all of you will be successful in this class. So, always check!!!

## COURSE REQUIREMENTS

***In-Class Tests (38%: 13% & 25%).*** There will be TWO non-cumulative in-class tests. The first test will be worth 13% on Chapters 1 – 4, including class lectures. The second test will be worth 25% on Chapters 5 – 10, including class lectures. The exam dates are: **JANURAY 27** and **MARCH 3.**

***Major Assignment (32%).*** As you read through the various life stages in the course, you will also have the opportunity to showcase your knowledge in a form of a scrapbook! You can either

make the scrapbook by hand (dollar stores have a lot of great stuff!) or a virtual scrapbook (which will need to be pdf'ed and printed for grading). **HARD COPIES ONLY!**

From chapters 2 to the end of the textbook, you will choose specific ages to place faces in your scrapbook. In the end, the scrapbook will be of **ONE** person who we will see go the life stages. So, his/her gender and ethnicity should be fairly consistent throughout the scrapbook.

Here are the step-by-step instructions:

1. Get your creative juices going! Maybe make this scrapbook for a loved one!
2. Choose **SIX age stages** (Chs. 2 onwards) that you will be using on for this project.
  - Conception to birth (Ch. 2)
  - Infancy & toddlerhood (Chs. 3 – 4)
  - Early childhood (Chs. 5 – 6)
  - Middle childhood (Chs. 7 – 8)
  - Adolescence (Chs. 9 – 10)
  - Emerging adulthood (Ch. 11)
  - Middle adulthood (Chs. 12 – 13)
  - Late adulthood (Chs. 14 – 15)
  - Death & dying (Epilogue)
3. For each chapter, pick a specific age (e.g., 16 years, and 4 months).
4. For **EACH** age stage, you will place **at least three** human faces on at least one scrapbook page. The pictures must show the faces (no animation, no hand drawings).
5. Finding pictures: you can use personal pictures or if online, google “free images” or “public domain and images,” and you can cut them out of magazines.
6. You must create a *Table of Contents* which will list each Chapter, the age stage, the age you have chosen, and the page number (e.g., Ch. 3, infancy, 1 month) (-1% if not included).
7. Scrapbook pages must be numbered.
8. Scrapbook page must clearly have the age and stage (e.g., Infancy: 1 month).
9. There must be a Factsheet either included in the scrapbook page or attached in a document. See below for instructions of the Factsheets.
10. **Culture component:** Somewhere in the scrapbook, you will need to provide at least **TWO** cultural components. What is the culture of your person?
11. Make sure that your name is on the project.
12. Make sure that your TA's name is on the project.
13. Make sure that everything is stapled/attached.
14. Up to one percent will be given to Scrapbooks that have gone above and beyond!

### ***Fact Sheets***

There are two parts for the fact sheet where you will apply what you have learned to “real life” situations. This will make your scrapbook informative about the various life stages.

Here are the step-by-step instructions:

Choose **TWO** key terms (**bolded** in the textbook) for each age stage you have chosen. Key terms are listed at the end of every chapter.

1. Define/explain the key term in your own words. Do not quote the textbook. Make sure that you also write the page number beside the key term (p. XX).
2. With each the key term, apply it by writing about a "memory," whether real or made up. Make sure that you understand that key term so that the memory will be a great illustration of that concept! This memory is the memory of the person in YOUR scrapbook.

To ensure that the students are on track with the project expectations, the students will have the **OPTION** to submit one scrap book page and/or fact sheet. This is due on **FEBRUARY 3**.

#### Grading Criteria:

- Scrapbook pages: 1% x 6 chapters
- Fact Sheet: Definition/Explanation: 2% x 6 age stages
- Fact Sheet: Memory: 2% x 6 age stages
- Cultural Component: 2%
- Overall presentation: 2%
- No TA name, pieces not attached/secured: -1 point

Scrapbook Project is due on **MARCH 24 at 7 PM**.

**Final Exam (30%)**. The final exam is non-cumulative, multiple choice (100 questions with 3 bonuses). on **TUESDAY, April 7, 7:00 – 9:00 PM**.

#### **SUMMARY OF EVALUATION CRITERIA**

<b>In-Class Tests</b>	<b>38</b>
<i>Test 1</i>	<i>13</i>
<i>Test 2</i>	<i>25</i>
<b>Scrapbook Project</b>	<b>32</b>
<b>Final Exam</b>	<b>30</b>
<b>Total Points</b>	<b>100</b>

**\*\* NOTE.** All assignments are due at the **BEGINNING** of class. Any assignments given during or after class will be considered **LATE**. All late assignments will receive a deduction of one point **PER DAY** (e.g., 1 day late, 31 out of 32). Late assignments will **NOT** be accepted after 1 week. To avoid deductions from assignments or to make-up missed exams, students **MUST** make arrangements with the **PROFESSOR** along with proper documentation **BEFORE** the due date. **NO** assignments will be accepted via email – hard copies **ONLY**.

**Drop Date**

The last date to drop one-semester courses, without academic penalty, is Friday, March 6, 2014. For regulations and procedures for Dropping Courses, see the Undergraduate Calendar:

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/c08-drop.shtml>

## CLASS READINGS & SCHEDULE

DATE	TOPIC	READING
January 6	Introduction	
13	The Science of Human Development From Conception to Birth	Chapter 1 Chapter 2
20	The First Two Years	Chapters 3, 4
27	Early Childhood ~ <b>Test 1 (Chs. 1 – 4)</b> ~	Chapters 5, 6
February 3	Middle Childhood ~ <b>One Age Stage Report</b> ~	Chapters 7, 8
10	Adolescence	Chapter 9
17	~ <b>Reading Week</b> ~	
24	Adolescence	Chapter 10
March 3	~ <b>Test 2 (Chs. 5 – 10)</b> ~	
10	Emerging Adulthood	Chapter 11
17	Adulthood	Chapters 12, 13
24	Late Adulthood ~ <b>Scrapbook/Project Due</b> ~	Chapter 14, 15
31	Death and Afterlife Review for Final Exam (Chs. 11 - end)	Epilogue