

Family Relations and Human Development (FSDH) – Program Plan

Please refer to [2021- 2022 Academic Undergraduate Calendar](#) for official program information

Name: _____ ID#: _____ Date: _____

Course offerings are subject to change. Courses may have scheduling changes, priority access, restrictions or be offered through Distance Education (DE) only. Please check [WebAdvisor](#) for further information and watch for email messages from the FSDH Listserv.

Semester	Offered	Course Code	Course Title	Prerequisite(s)/Co-requisites/Restrictions
1 Fall	F W22DE	FRHD*1010	Human Development	Priority Access
	F W	NUTR*1010	Introduction to Nutrition	Priority Access
	S F W	PSYC*1000	Introduction to Psychology	Priority Access
			Elective or restricted elective	
			Elective or restricted elective	
2 Winter	S22DE W	FRHD*1020	Couple and Family Relationships	Priority Access
	W	MBG*1000	Genetics and Society	
	F W	One of: ANTH*1150	Introduction to Anthropology	
	S F W	SOC*1100	Sociology	
			Elective or restricted elective	
3 Fall	F	One of: FRHD*2060	Adult Development and Aging	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100, Priority Access
	F	FRHD*2280	Adolescent Development	1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, SOC*1100, Priority Access
	F	STAT*2080	Introductory Applied Statistics I	See Academic Calendar
	F W	POLS*2230	Public Policy	2.00 credits
			Elective or restricted elective	
			Elective or restricted elective	
			Elective or restricted elective	
4 Winter	F21DE W, S22DE F22	FRHD*2100	Development of Human Sexuality	4.00 credits, Priority Access
	W	FRHD*2400	Introduction to Human Services	1 of FRHD*1010, FRHD*2060, FRHD*2270, FRHD*2280, PSYC*2450. Restricted to students in CYF, CYF:C ADEV, ADEV:C, FSHD, Instructor Consent
	W	STAT*2090	Introductory Applied Statistics II	STAT*2080
			Elective or restricted elective	
			Elective or restricted elective	
5 Fall	F	FRHD*3070	Research Methods - Family Studies	4.00 credits, Restricted to students in B.A.Sc.
	W'22* F'22 *Last Winter Offering.	FRHD*3090	Poverty and Health (offered in even-numbered years, revised to a Fall offering)	8.00 credits including (1 of FRHD*1010, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450)
	F W	FRHD*3400	Communication and Counselling Skills	4.00 credits including (1 of ANTH*1150, FRHD*1010, FRHD*1020, FRHD*1100, PSYC*1000, SOC*1100), Priority Access
	FW	One of: FRHD*3250	Practicum I: Youth (1.00 credit)	FRHD*2350 or FRHD*2400 Co-requisite: FRHD*3400. Registration in the BASC program (CYF, CYF:C, or FSHD majors). Instructor consent required
	FW	FRHD*3290	Practicum I – Adult (1.00 credit) (may be taken in Semester 5 or 6)	FRHD*2350 or FRHD*2400 Co-requisite: FRHD*3400 Restricted to students in BASC ADEV, ADEV:C, FSHD. Instructor consent required.
			Elective or restricted elective	
Note: FRHD*3250/3290 may be taken in either Semester 5 or Semester 6				

6 Winter	W	FRHD*3040	Parenting and Intergenerational Relationships	8.00 credits Co-requisite(s): FRHD*1020 or (1 of FRHD*2060, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450). Priority Access
			Elective or restricted elective	
			Elective or restricted elective	
			Elective or restricted elective	
7 Fall	F	FRHD*4020	Family Theory	12.00 credits including FRHD*1020 Priority Access
	F	FRHD*4310	Professional Issues	12.00 credits, Co-requisite(s): FRHD*3400. Restricted to students in BASc.
			Elective or restricted elective	
			Elective or restricted elective	
8 Winter	W	FRHD*4260	Social Policies	13.00 credits, (1 of FRHD*2040, FRHD*2300, FRHD*2350, FRHD*2400, POLS*2230) Restriction(s): FRHD*4320. Restricted to students in BASc.
	W	One of: FRHD*4200	Issues in Human Sexuality	13.00 credits including FRHD*2100 Restricted to students in BASc.
		FRHD*4250	Aging and Health	13.00 credits including (1 of BIOM*2000, BIOM*3200, FRHD*2060) Restricted to students in BASc
		FRHD*4400	Youth, Risk and Resilience	13.00 credits including (1 of FRHD*1010, FRHD*2060, FRHD*2270, FRHD*2280, PSYC*2450) Restricted to students in BASc.
			Elective or restricted elective	
			Elective or restricted elective	
		Elective or restricted elective		

Restricted Electives: In addition to the 11.00 credits, an additional 1.50 restricted electives are required in total from any of the courses listed in the restricted elective content areas (can be from one or more areas). See [2021-2022 FSHD Academic Undergraduate Calendar](#) for course pre-requisites and restrictions.

Restricted Electives Content Area 1: Adult Development and Gerontology

(F W)	BIOL*1080	[0.50]	Biological Concepts of Health
(F WDE)	BIOM*2000	[0.50]	Concepts of Human Physiology
(F)	FRHD*2060	[0.50]	Adult Development and Aging
(F)	FRHD*3060	[0.50]	Principles of Social Gerontology
(S F W)	FRHD*3500	[0.50]	Research Internship
(F)	FRHD*4190	[0.50]	Assessment in Gerontology
(W)	FRHD*4250	[0.50]	Aging and Health
(F W)	FRHD*4290	[1.00]	Practicum II: Adult
(U)	FRHD*4810	[0.50]	Thesis I
(U)	FRHD*4910	[1.00]	Thesis II
(W)	NUTR*3150	[0.50]	Aging and Nutrition

Restricted Electives Content Area 2: Sexuality and Relationships

(W)	ENGL*2190	[0.50]	Queer Literatures and Cultures (odd numbered years)
(S F W)	FRHD*3500	[0.50]	Research Internship
(W)	FRHD*4200	[0.50]	Issues in Human Sexuality
(F W)	FRHD*4290	[1.00]	Practicum II: Adult
(U)	FRHD*4810	[0.50]	Thesis I
(U)	FRHD*4910	[1.00]	Thesis II
(F)	HIST*3020	[0.50]	Sexuality and Gender in History
(S F)	SOAN*2400	[0.50]	Introduction to Gender Systems

Restricted Electives Content Area 3: Youth Studies

(F)	FRHD*2280	[0.50]	Adolescent Development
(S F W)	FRHD*3500	[0.50]	Research Internship in Family Relations and Human Development
(F W)	FRHD*4340	[1.00]	Practicum II: Youth
(W)	FRHD*4400	[0.50]	Youth, Risk and Resilience
(U)	FRHD*4810	[0.50]	Thesis I
(U)	FRHD*4910	[1.00]	Thesis II
(F)	HIST*3200	[0.50]	Youth in History
(F W)	SOC*3710	[0.50]	Youth Justice- a Course Waiver signed by Instructor is needed to add this course, if space permits