



DEPARTMENT OF  
FAMILY RELATIONS  
AND APPLIED NUTRITION

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# Child Studies Student Handbook

1<sup>st</sup> Edition: August 18, 2020

2020-2021

## COVID\*19 Pandemic Disclaimer

As of March 16, 2020, the University of Guelph has been following emergency measures due to the pandemic as mandated by the Province of Ontario. Faculty and staff have been working remotely and communication has been primarily by email, telephone and video conferencing. Links on how to reach student service departments are included in this handbook.

For Fall 2020-Winter 2021, many courses will be offered in alternative delivery formats and scheduling may differ from what appears in this handbook. Click on WebAdvisor for the most up to date information on course availability and scheduling at

<https://webadvisor.uoguelph.ca/WebAdvisor/WebAdvisor?TYPE=M&PID=CORE-WBMAIN&TOKENIDX=6420749013>

For updates on the COVID 19 Pandemic and the University of Guelph, please go to the following link: <https://news.uoguelph.ca/2019-novel-coronavirus-information/>

Andrea Breen, the CSTU and FSHD Faculty Advisor will be available to answer inquiries around subject related issues and career advice. Email questions to [abreen@uoguelph.ca](mailto:abreen@uoguelph.ca)

Linda Zehr, the BASc Program Counsellor, can assist with degree program requirements, declaring an Area of Emphasis in Dietetics or a minor, or taking a course at another institution on a Letter of Permission, as well as requesting academic consideration.

Email questions to [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca). If you wish to arrange a video conference or telephone appointment, please go to the following link: <https://outlook.office365.com/owa/calendar/BAScProgramCounselling@uoguelph.ca.onmicrosoft.com/bookings>

# Child Studies Program Handbook

This handbook is intended to serve as a guide for Child Studies students, and to offer supplementary information about the program, department and the University of Guelph. It does not replace the information that is in the University of Guelph Undergraduate Calendar <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/>. The format is meant to answer some of the questions asked most frequently about the Child Studies Program for first year students at the University of Guelph.

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# Important Contact Information

<http://www.uoquelp.ca/family/people>

Acting Chair

John Beaton

July 1, 2020 to June 30, 2021

[frandept@uoquelp.ca](mailto:frandept@uoquelp.ca)

Telephone: 519-824-4120, Ext. 56321, MINS 245

Program Counsellor

Linda Zehr

[bascprog@uoquelp.ca](mailto:bascprog@uoquelp.ca)

Telephone: 519-824-4120, Ext. 58964 (for appointments), MINS 253

Appointments

Instructions are included in the Planning Your Program section on Page 7 to arrange your own appointment. Contact the Program Counsellor regarding special academic considerations related to health or compassionate issues, general career planning and services and curriculum planning, and approval for students taking courses outside the standard program plan, e.g. students who have taken courses at other universities.

Faculty Advisor

Dr. Andrea Breen

[abreen@uoquelp.ca](mailto:abreen@uoquelp.ca)

Telephone: 519-824-4120, Extension 53976, MINS 233

Contact your Faculty Advisor about academic performance, courses, program planning and career information specific to the CSTU major.

FRHD Curriculum Committee Chair

Dr. Tuuli Kukkkonen

[kukkkonen@uoquelp.ca](mailto:kukkkonen@uoquelp.ca),

Telephone: 519-824-4120, Extension 53345, MINS 237

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Contact the Chair of the Undergraduate Curriculum Committee or your Student Representative for questions related to existing curriculum or the development of new curriculum.

University Child Care and Learning Centre

Director, Valerie Trew, [trewv@uoquelp.ca](mailto:trewv@uoquelp.ca)

CSTU Listserv ([cstu@listserv.uoguelph.ca](mailto:cstu@listserv.uoguelph.ca))

Your name and uoguelph.ca address will be put on the mailing list for the CSTU Listserv. On this Listserv, you will receive important messages from BAsc Program Counselling, faculty and student association regarding course selection, job and volunteer opportunities and activities.

## Department and Program Overview

The Department of Family Relations and Applied Nutrition is one of the departments in the College of Social and Applied Human Sciences (CSAHS). The College was created in 1998 through the merger of the former College of Family and Consumer Studies (FACS) and College of Social Science (CSS). The College traces its history back through FACS to Macdonald Institute, one of the founding colleges of the University of Guelph

Child Studies (CSTU) is one of the three majors of the Bachelor of Applied Science (B.A.Sc.) program. The other majors are Family Studies and Human Development (FSHD) and Applied Human Nutrition (AHN).

The Child Studies major examines the ways children learn, develop, and grow from psychological, physiological, and social perspectives, with families considered as a central context in which children develop. Ways of working with children in diverse and inclusive settings are explored, and the importance of early learning opportunities and early intervention are emphasized. Students gain both theoretical knowledge and applied skills through course work and guaranteed practicum placements, completing over 500 hours of practical experience working with children in a variety of settings. Graduates of the Child Studies major are eligible to apply for membership in the College of Early Childhood Educators.

Through the effective use of elective courses, the core requirements in the major can be supplemented to create a program of study that will prepare graduates for a variety of careers working with children and their families. Graduates pursue careers in diverse settings including elementary schools, pediatric wards in hospitals, family and community service agencies, child-care centres, and child and youth treatment facilities. Many students go on to pursue graduate education in fields such as education, social work, speech language pathology, occupational therapy, child life, nursing, psychology, couple and family therapy, sociology, and family studies.

The academic program in the CSTU major provides a combination of traditional lectures and seminars with the application of theory in practicum courses. These practicum courses enable students to apply the social and biological components of human development in various family, community and educational settings. Students work directly with children in the Child Care and Learning Centre during their 3<sup>rd</sup> year. Also, a lab exercise is conducted at the Child Care and Learning Centre for the FRHD\*3180, Observation and Assessment Laboratory course. FRHD\*4330 Practicum II: Child and FRHD\*4350 Practicum III: Child are taken in 4<sup>th</sup> in year. This variety of experiences affords students greater opportunity to apply the theory obtained in class to real-world issues.

The University of Guelph's CSTU program prepares its graduates well for the competitive field of working with children. Its blend of practical and classroom components is unsurpassed by similar programs. We hope you find this program an enjoyable and rewarding educational experience!

# Adjusting to the University of Guelph

You are in a new learning environment. Take advantage of the many services available to welcome you and support your learning.

## General Tips

- Check your uoguelph.ca email address regularly! Email is the main form of communication for most university departments.
- You'll get messages from:
  - CSTU Listserv. All CSTU students are on this listserv. Messages include information on special events, guest lectures, workshops, course selection, volunteer postings, job opportunities as well as student association activities.
- Unless your course instructors/professors tell you otherwise, address instructors, in person and in email correspondence, as "Professor" + Last Name
- Social media link is: <https://www.uoguelph.ca/web/socialmedia/>

## Getting Involved

- Participate in activities organized by the Child, Youth and Family-Child Studies Student Association (CYF-CSTU-SA) to meet your colleagues and hear about how they handled their first year in the program. Look for future advertising from the CYF-CSTU-SA for ways to get involved and great volunteer opportunities.
- See the Central Students Association (CSA) for a full listing of clubs: <http://www.csaonline.ca>.
- If you live on campus, consult your Interhall Council: <http://www.interhall.org> and residence life staff for involvement opportunities.
- If you live off campus, contact Student Life – Off Campus Living (OCL) at <http://studentlife.uoguelph.ca/ocl/>
- Participate in activities and opportunities by the College of Social and Applied Human Sciences Student Alliance (CSAHS-SA) to meet some of the other students in your college.

## Campus Map

Get to know the University of Guelph campus, go to:  
<http://www.uoguelph.ca/campus/map/>

## University of Guelph Policies

<https://www.uoguelph.ca/secretariat/policy/database>

The above-named website provides links to the most current versions of University of Guelph policies, procedures and guidelines including an alphabetical listing.

University policies are established by Senate and the Board of Governors. As well, operational and/ or managerial policies and regulations are established by administrative units to carry out university policies and applicable federal or provincial legislation.

Policies and procedures related to undergraduate programs are available in the [University of Guelph Undergraduate Calendar](#)

## Study Tips

- Learn about Residence Learning Communities and Academic Clusters which includes a BASc cluster. Further information is outlined on the brochure at: <http://www.housing.uoguelph.ca/page.cfm>, click Undergrad Housing, and then click Residence Learning Communities.
- Visit the Learning Commons in McLaughlin Library to find out about Learning Services and Writing Services to help you build your skills. They offer group sessions and individual support.
- Find out about Supported Learning Groups (SLG) from the web site: <http://www.lib.uoguelph.ca/about/about-our-teams/learning-curriculum-support/supported-learning-groups-slg>. Peer helpers host informal study sessions for some courses, such as PSYC\*1000 Introduction to Psychology.
- Find other students in your classes to join study groups to discuss issues and support your learning.
- If you fail a mid-term or have difficulty on an assignment, seek help immediately from the course instructor or teaching assistant to start dealing with your problem. The semester is too short to put off getting help.
- Use links from the Learning Commons website to connect you with a wealth of study resources. <http://www.lib.uoguelph.ca/get-assistance>.
- Eat well, enjoy physical activity and take time to sleep so you can be at your best for lectures and studying.

## The Library

Familiarize yourself with the abundance of library's services and resources including finding books, videos, journal articles and conducting research. Take a library tour and browse the library website. <http://www.lib.uoguelph.ca/>

## Textbooks

### University Bookstore

<http://bookstore.uoguelph.ca>

Located in the MacNaughton Building, this bookstore should have all books and materials needed for your classes.

### Guelph Campus Co-operative - Co-op Bookstore

<http://www.guelphcampus.coop/>

Located in the basement of Johnston Hall, this bookstore offers a money saving membership and has both new and used textbooks. The Co-op Bookstore also has a textbook buy-back program at certain times in the semester.

<http://www.thecannon.ca>

Run by the Central Student Association, this website has a 'buy and sell text books' function that lets you browse text books by subject in the Classifieds. You can also post your books to be sold.

## Planning Your Program

### Decoding Course Descriptions

Information regarding course labeling, codes, prerequisites and restrictions are outlined in the Undergraduate Calendar at the following link:

<http://www.uoquelp.ca/registrar/calendars/undergraduate/current/c12/index.shtml>

### Booking Appointments

There are several ways to arrange an appointment with Linda Zehr, the Bachelor of Applied Science (BASc) Program Counsellor including:

The fastest way is to arrange your own appointment by going to the following link and provide the requested information:

<https://outlook.office365.com/owa/calendar/BAScProgramCounselling@uoquelpca.onmicrosoft.com/bookings>

Telephone 519-824-4120, Ext. 58964 and again suggest dates and times.

In person, drop by MINS 253 during business hours (8:30 am to 4:30 pm, closed from 12:00 pm to 1:00 pm).

The majority of appointments are booked Monday to Thursday, from 9:30 am to 11:30 am and from 1:30 pm to 3:30 pm. The office is closed for lunch from 12:00 pm to 1:00 pm. No matter the option, it is important to include your major, ID number, what issues you would discuss and your telephone number. Appointments are booked on a first come, first serve basis.

# Program Plan

The following pages can be used to plan your required courses and electives throughout your time in the CSTU program based on the 2020-2021 Undergraduate Calendar. Course offerings and curriculum are subject to change. Please refer to the on-line 2020-2021 Undergraduate Calendar for further information on the majors. S=Summer Semester, F=Fall Semester, and W=Winter Semester. Courses designated as DE are offered as a Distance Education (on-line) format

## Child Studies Program Plan for 2020-2021

| Semester   | Offered                 | Course Code                 | Course Title                    | Prerequisites/ Restrictions  |
|------------|-------------------------|-----------------------------|---------------------------------|--|
| Semester 1 | F20DE, W21              | FRHD*1010                   | Human Development               | Priority Access  |
|            | SDE F, W                | NUTR*1010                   | Nutrition and Society           | Priority Access  |
|            | S, F W                  | PSYC*1000                   | Introduction to Psychology      | Priority Access  |
|            |                         |                             | Elective                        |  |
|            |                         |                             | Elective                        |  |
| Semester 2 | SDE and Winter          | FRHD*1020                   | Couple and Family Relationships | Priority Access  |
|            | Winter                  | FRHD*2260                   | Infant Development              | 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100<br>Priority Access |
|            | Winter                  | MBG*1000                    | Genetics and Society            |  |
|            | Fall and Winter         | <b>One of:</b><br>ANTH*1150 | Introduction to Anthropology    |  |
|            | Summer, Fall and Winter | SOC*1100                    | Sociology                       |  |
|            |                         |                             | Elective                        |  |

| Semester   | Offered    | Course Code | Course Title                              | Prerequisites/ Restrictions  |
|------------|------------|-------------|---|--|
| Semester 3 | F          | FRHD*2110   | Children and Youth with Exceptionalities  | FRHD*1020, [1 of FRHD*2060, FRHD*2260, FRHD*2280, (FRHD*2270 or PSYC*2450)]<br>Priority Access     |
|            | F          | FRHD*2270   | Development of Early and Middle Childhood | 1 of ANTH*1150, FRHD*1010, FRHD*1100, PSYC*1000, PSYC*1100, PSYC*1200, SOC*1100<br>Priority Access |
|            | F          | STAT*2080   | Introductory Applied Statistics I         | See Undergrad Calendar   |
|            |            |             | Elective                                  |  |
|            |            |             | Elective                                  |  |
| Semester 4 | W          | FRHD*2040   | Principles of Program Design for Children | FRHD*2270 or PSYC*2450, Restricted to CSTU, CYF and CYF:C  |
|            | SDE, F WDE | FRHD*2100   | Development of Human Sexuality            | 4.50 credits, Priority Access  |
|            | W          | STAT*2090   | Introductory Applied Statistics II        | STAT*2080  |
|            |            |             | Elective                                  |  |
|            |            |             | Elective                                  |  |

|   |   |           |   |  |
|---|---|-----------|---|--|
| Semester 5  | F   | FRHD*3070 | Research Methods-Family Studies               | 4.50 credits, Restricted to students in BAsC   |
|   | F   | FRHD*3180 | Observation and Assessment Laboratory         | (FRHD*2040 or FRHD*2300 or FRHD*2400), FRHD*2110   |
|   | FW  | FRHD*3200 | Practicum-Child (or in Semester 6) 1.00*      | FRHD*2040, Co-requisites: FRHD*3180, FRHD*3400. Restricted to CSTU, CYF and CYF:C; Instructor Consent required             |
|   | FW  | FRHD*3400 | Communication and Counselling Skills          | 4.50 credits including (FRHD*1020 or FRHD*1100), Priority Access   |
| Note: FRHD*3200 may be taken in either Semester 5 or Semester 6 |   |           |   |  |
| Semester 6  | W   | FRHD*3040 | Parenting and Intergenerational Relationships | 9.50 credits including FRHD*1020, (1 of FRHD*1100, FRHD*2060, FRHD*2260, FRHD*2270, FRHD*2280, PSYC*2450), Priority Access |
|   | S'21DE*<br>*last Summer Offering<br><br>W22DE | FRHD*3190 | Administration of Programs for Children       | 7.00 credits including 1 FRHD*1100, FRHD*2060, of FRHD*2260, (FRHD*2270 or PSYC*2450). Priority Access                     |
|   | W   |           | Elective                                      |  |
|   | W   |           | Elective                                      |  |
|   | W   |           | Elective                                      |  |

|            |   |           |  |  |
|------------|---|-----------|--|--|
| Semester 7 | F | FRHD*4210 | Senior Seminar in Early Childhood Education and Care | FRHD*3200  |
|            | F | FRHD*4310 | Professional Issues                                  | 14.00 credits including FRHD*3400, Priority Access   |
|            | F | FRHD*4330 | Practicum II: Child (1.00)                           | FRHD*3200 or FRHD*3250 Priority Access. Restrictions: FRHD*4170, FRHD*4290, FRHD*4340. Restricted to students in CSTU, CYF, CYF:C majors. Instructor consent required. |
|            | F |           | Elective   |  |
| Semester 8 | W | FRHD*4320 | Social Policy for Children, and Families             | 9.50 credits, Priority Access, Restriction: FRHD*4260  |
|            | W | FRHD*4350 | Practicum III: Child (1.00)                          |  |
|            | W |           | Elective   |  |
|            | W |           | Elective   |  |
|            | W |           | Elective   |  |

## Electives

Consider exploring electives in other departments and beyond those listed above. You can take electives in any area, if you have the prerequisites for the desired course. The number of electives at various levels is not mandated in BASc majors (AHN, CSTU and FSHD). There is no specific limit to the number of 1000 level, 2000 level, etc., elective courses allowed throughout your program. When planning electives, check the course description in the Undergraduate Calendar as the course may have additional prerequisites or a co-requisite other than what is required in the major. Course offerings are subject to change.

### Elective Ideas for CSTU Students

Please note that course offerings are subject to change. Courses may have scheduling changes, Priority Access (PA) which means the course may be restricted to certain degree programs or majors or are offered through Distance Education (DE) format only. Also, when planning electives, check the course description in the Undergraduate Calendar as the course may have additional prerequisites or a co-requisite other than what is required in the major.

If courses are designated as Priority Access to certain majors or degree programs, students may request a Course Restriction Waiver by completing a Course Waiver Request Form and obtain a signature from the course instructor or department designate. This form is available on WebAdvisor. F- Fall Semester, W-Winter Semester, U-Unassigned offering, consult WebAdvisor or with relevant department.

Please refer to the Undergraduate Calendar or WebAdvisor for further information regarding when a course is offered, prerequisites, restrictions and Priority Access. Also, watch for announcements on the CSTU listserv.

Remember that electives are an opportunity to try out different content areas and see what piques your interest! We have included some suggestions below to give you some ideas, but there may be other course offerings across campus that would be a good fit for you. Of course, electives are also used to meet requirements for your future careers and further education – see “Careers and Further Education” section in the handbook for this information. S=Summer Semester, F=Fall Semester, and W=Winter Semester.

| <b>Course</b>   | <b>Prerequisites/Restrictions</b>   |
|---|---|
| ANTH*2660 W (3-0) [0.50]<br>Contemporary Indigenous Peoples of Canada | 1 of ANTH*1150, IDEV*1000, SOC*1100   |
| ARTH*1510 F (3-0) [0.50]<br>Art Historical Studies I                  | No prerequisites or restrictions  |
| ARTH*1520 W (3-0) [0.50]<br>Art Historical Studies II                 | No prerequisites or restrictions  |
| BIOL*1500 F, W (3-0) [0.50]<br>Humans in the Natural World            | No prerequisites<br>Also offered through Distance Education format.                 |
| BOT*1200 W (3-0) [0.50]<br>Plants and Human Use                       | Restrictions: BIOL*1050   |
| CLAS*2000 W,S (3-0) [0.50]<br>Classical Mythology                     | No prerequisites or restrictions<br>Also offered through Distance Education format  |
| CIS*1000 S,F,W (3-2) [0.50]<br>Introduction to Computer Applications  | Restriction: CIS*1200<br>Offered through Distance Education format only             |
| ENGL*1030 S F W (3.0) [0.50]<br>Effective Writing                     | No prerequisites or restrictions<br>Also offered through Distance Education format  |
| ENGL*1200 F,W (3-0) [0.50]<br>Reading the Contemporary World          | No prerequisites or restrictions<br>Also offered through Distance Education format. |
| ENGL*2190 W (3-0) [0.50]<br>Queer Literatures and Cultures            | Prerequisite: 2.00 credits<br>Offered in odd numbered years                         |
| ENGL*2740 F,W (3-0) [0.50]<br>Children’s Literature                   | Prerequisite: 2.00 credits<br>Also offered through Distance Education format        |
| ENVS*1060 S,F,W (3-0) [0.50]<br>Principles of Geology                 | No prerequisites<br>Offered through Distance Education format only.                 |
| FRHD*1100 F<br>Life: Health and Well-Being                            | No prerequisites<br>Offered through Distance Education format only                  |
| FRHD*3500 S,F,W [0.50]<br>Research Internship                         | FRHD*3070, STAT*2090, Instructor consent  |
| GEOG*1200 F (3-0) [0.50]<br>Society and Space                         | No prerequisites or restrictions<br>Also offered through Distance Education format. |
| GEOG*1220 F,W (3-0) [0.50]<br>Human Impact on the Environment         | No prerequisites or restrictions<br>Also offered through Distance Education format. |

| <b>Course</b>  | <b>Prerequisites/Restrictions</b>  |
|--|--|
| HIST*2260 W (3-0) [0.50]<br>Religion and Society                                   | Prerequisite: 2.00 credits<br>Offered through Distance Education format only.  |
| HIST*3020 F (3-0) [0.50]<br>Sexuality and Gender in History                        | Prerequisites: 7.50 credits incl. 1.00 credits in History.   |
| HIST*3130 S, F (3-0) [0.50]<br>Popular Culture and Punishment 1700-1900            | Prerequisites: 7.50 credits  |
| HIST*3200 F (3-0) [0.50]<br>Youth in History                                       | Prerequisites: 7.50 credits  |
| HIST*3240 F (3-0) [0.50]<br>Food History   | Prerequisites: 7.50 credits  |
| HIST*3640 F (3-0) [0.50]<br>Madness and Psychiatry                                 | Prerequisites: 7.50 credits<br>Offered in odd-numbered years   |
| LING*1000 F W (3-0) [0.50]<br>Introduction to Linguistics                          | No prerequisites or restrictions<br>Offered through Distance Education format  |
| MCS*2100 S,F,W (3-0) [0.50]<br>Personal Financial Management                       | Prerequisites: 5.00 credits<br>Offered through Distance Education format only.   |
| MUSC*2030 F (3-0) [0.50]<br>Music in Canada  | Prerequisites: 2.00 credits<br>Offered in even-numbered years.   |
| MUSC*2150 F,W (3-0) [0.50]<br>Music and Popular Culture                            | Prerequisites: 2.00 credits<br>Also, offered through Distance Education  |
| NUTR*2050 F (3-0) [0.50]<br>Nutrition Through the Life Cycle                       | Prerequisite: NUTR*1010<br>Also offered through Distance Education format.   |
| PHIL*1010 F,W (3-0) [0.50]<br>Introductory Philosophy: Social and Political Issues | No prerequisites or restrictions   |
| PHYS*1600 F (3-0) [0.50]<br>Contemporary Astronomy                                 | Restrictions: Students with standing in any other 1000 level course credit in physics (except for PHYS*1010 and PHYS*1810) may not use this course for credit. Offered through Distance Education format only. |
| POLS*1150 F,W (3-1) [0.50]<br>Understanding Politics                               | Restrictions: POLS*1000, POLS*1300   |
| POLS*2150 W (3-0) [0.50]<br>Gender and Politics                                    | No prerequisites or restrictions   |
| PSYC*2310 S,F,W (3-0) [0.50]<br>Social Psychology                                  | Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200)<br>Also offered through Distance Education format.   |
| PSYC*2330 F (3-0) [0.50]<br>Principles of Learning                                 | Prerequisites: PSYC*1000,<br>Priority Access. Some restrictions may apply during some time periods.  |
| PSYC*2390 W (3-0) [0.50]<br>Sensation and Perception                               | Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200), Priority Access. Some restrictions may apply during some time periods.<br>Also offered through Distance Education format.                               |

|   |  |
|---|--|
| PSYC*2740 W (3-0) [0.50]<br>Personality                       | Prerequisites: 1 of (PSYC*1000, PSYC*1100, PSYC*1200), Priority Access. Some restrictions may apply during some time periods.<br>Also offered through Distance Education format. |
| SOC*1500 F,W (3-0) [0.50]<br>Crime and Criminal Justice       | No prerequisites or restrictions   |
| SOAN*2290 U (3-0) [0.50]<br>Identities and Cultural Diversity | Prerequisites: ANTH*1150 or SOC*1100   |
| SOAN*2400 S,F (3-0) [0.50]<br>Introduction to Gender Systems  | Prerequisites: ANTH*1150 or SOC*1100<br>Also offered through Distance Education format.  |
| THST*1040 F,W (3-0) [0.50]<br>Introduction to Performance     | No prerequisites or restrictions   |
| WMST*1000 S F (3-0) [0.50]<br>Introduction to Women's Studies | No prerequisites or restrictions<br>Also offered through Distance Education format   |
| WMST*2000 W (3-0) [0.50]<br>Women and Representation          | No prerequisites or restrictions   |

ADDITIONAL ELECTIVES: Recommended electives are provided for the following career paths in the Careers and Further Education section of this manual:

- Teaching
- Graduate Education

NOTE: Consider exploring electives in other departments and beyond those listed above. You can take electives in many areas provided you have the prerequisites and it is not restricted to the major. Please refer to WebAdvisor for further information.

# The Practicum Experience

In third year, CSTU majors take Practicum I: Child (FRHD\*3200: Practicum I: Child). This course provides the opportunity to work, under close supervision, directly with young children and their families at the on-campus Child Care and Learning Centre. This course is specifically designed to provide students with the opportunity to build a repertoire of transferable applied skills through direct contact with children, their families, and professionals.

In fourth year CSTU majors take FRHD\*4330 Practicum II: Child and FRHD\*4350 Practicum III: Child and may:

- Work as a student teacher in primary classrooms
- Work with parents and children in community-based programs for children who have been diagnosed with Autism Spectrum Disorder
- Work in the community (drop-in centres, shelters, community centres) with children and families who have been identified as at risk.
- Support families from a wide range of ethnic backgrounds in a community prevention program that helps adults and children connect with others in their neighbourhood and link them with the broader community
- Work with a Family Support Worker to co-facilitate and implement child, family and group counselling sessions for individuals looking for parenting support.  
Plan and implement individual sessions with children, under the supervision of a Speech and Language Pathologist, to improve their speech and language skills
- Work with preschoolers to identify areas of developmental delay and create intervention strategies
- Work with a Child Life Specialist supporting children and families in a hospital setting.

# Academic Frequently Asked Questions

**The website for the Undergraduate Calendar is:**

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/>

There are a number of questions which direct students to Section VIII, Undergraduate Degree Regulations and Procedures of the calendar and that link is:

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c08/index.shtml>

**Where can I find information about important academic dates?**

Each year, important dates for the academic year are listed on WebAdvisor,

<http://www.uoguelph.ca/registrar/calendars/>. The same information is under the Schedule of Dates in the undergraduate calendar

**Can I take a Minor?**

CSTU majors may declare a minor and submit the relevant documentation. You need to consult with the BAsC Program Counsellor. If you are interested in doing a minor, review the course requirements of the many minors as listed under the Bachelor of Arts (B.A.)

<http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml> and plan your elective course choices accordingly.

Listed below are a few examples of minors. Please feel free to explore other subject areas at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml>

- Business Administration (BADM)
- Criminal Justice and Public Policy (CJPP). This minor has specific course and grade average requirements before it may be declared. Please consult Undergraduate Calendar for details:  
<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/c10ba-cjpp.shtml>
- Ethics in Life Sciences (ELS)
- French (FREN)
- International Development (ID)
- Psychology (PSYC)
- Sociology (SOC)

To locate the Faculty Advisor for the Minor you are interested in check Undergraduate Academic Information Centre under Academic Advisors at

<http://www.uoguelph.ca/uaic/academicadvisors>

**Note: CSTU majors are not allowed to declare a Family and Child Studies (FCS) minor due to the course overlap in the CSTU major and the FCS minor.**

### **Can I take part in an international exchange or study in another country?**

The University has programs for studying abroad and information about them is available from Centre for International Programs, Level 3, University Centre, <http://www.uoguelph.ca/cip/>. Depending on the courses offered in other countries, international study may add one or two semesters to your program in order for you to schedule required courses required in the CSTU majors. Planning for international study requires consultation with your Program Counsellor and the Centre for International Programs.

### **Can I take a course at another university and get credit towards my program?**

If you want to take a course at another university and get credit towards your degree, you must complete a Request for Letter of Permission form. Review the “Letters of Permission” topic within the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar”.

### **Should I keep my course outlines?**

Yes. We receive frequent requests from students following graduation for copies of their course outlines for various reasons, such as applying for membership in a professional college. Most course outlines for Family Relations and Applied Nutrition courses are posted on our website at: <https://family.uoguelph.ca/course-outline>.

### **What scholarships and awards are available?**

Information about scholarships and awards are available by utilizing the Student Financial Services Award Search Tool:

<https://www.uoguelph.ca/registrar/studentfinance/apps/awards?class=In-Course&program=BASC&college=CSAHS&category=&needcomponent=&citizen=>

The information from the tool includes requirements, application procedures and deadlines. There are three types of awards available: scholarships, bursaries, and access awards. Scholarship applications are based on academic achievement and extracurricular involvement. Bursaries and Access Awards are distributed based on financial need, as well as academic achievement and extracurricular involvement.

### **What marks do I need to stay in the program?**

Generally, you are required to maintain a minimum average of 60% to stay in the program. There is some leniency for the first 5.00 credit attempts. Please review the “Continuation of Study” topic within the section “Undergraduate Degree Regulations and Procedures” of the Undergraduate Calendar. Consult with your Program Counsellor if you have questions or concerns.

### **What is required to graduate from the program?**

To qualify for the degree Bachelor of Applied Science, the student must satisfy the following conditions:

- the student must have successfully completed the schedule of studies requirements for the specified major
- the student must have a cumulative average of 60% or higher
- the student must have a term academic standing of Eligible to Continue

### **What if I have health or other problems that are affecting my academic work?**

Student Health Services is in the J.T. Powell Building for treatment of your health concerns. To discuss academic concerns because of health conditions, make an appointment to talk with the Program Counsellor. You may also visit Counselling Services, J.T. Powell Building to help manage your difficulties. Read carefully the “Academic Consideration and Appeals, Petitions” section under “Undergraduate Degree Regulations and Procedures”, especially the sub-section “Academic Consideration” and “Student Responsibilities” to be sure that you follow the necessary procedures. If you miss an assignment deadline or a mid-term exam, contact the course instructor as soon as possible. Check the course outline to see if there is a standard process for handling missed assignments and/or mid-terms.

### **Can I drop a course?**

If you feel that you absolutely must drop a course, the procedure is quite easy. Before making the decision, see how dropping the course will affect your Program Plan. If the course is a prerequisite for other courses, contact your Program Counsellor or Faculty Advisor to ensure you have a feasible plan for completing your degree. If you drop a required course, you must take it again in another semester. You need 20 credits to graduate; therefore, you may have to take an extra course either in the summer or during another semester. Check when the course is offered again. To avoid academic penalty, courses that are one semester long must be dropped by the last day of classes. For two-semester courses, they must be dropped by the last day of classes in the second semester. Check the Undergraduate Calendar Schedule of Studies for the actual dates.

<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c03/index.shtml>

You may drop the course on Web Advisor. Refer to the Student Financial Services website regarding refunds at <http://www.uoguelph.ca/registrar/studentfinance/index.cfm?fees/refunds>. If you are on OSAP (Ontario Student Assistance Program), there may be consequences on your OSAP funding when dropping your course load below 1.50 credits. Contact Student Financial Services [finaid@uoguelph.ca](mailto:finaid@uoguelph.ca) or call 519-824-4120, Ext. 58715 before dropping courses.

### **Can defer a final exam?**

You may request to have a final exam or final assignment deferred if you have medical, psychological or compassionate grounds. You must submit your Request for Academic Consideration (RAC) within 5 days of the missed final examination or final assignment. A deferred exam is usually written during a specified time early in the following term. If you are unable to write a final exam, contact the BASc. Counselling Office to arrange an appointment to ensure all appropriate procedures are being followed. See also the, “Deferred Privileges” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.

### **What if I need an extension on an assignment or miss a mid-term examination?**

Each instructor should have specific procedures outlined in the course outline which you are given in the first week of classes. Check this outline and speak to your professor about any problems with completing an assignment. Be sure to do this early!

### **How will I find out my final grades?**

Grade reports are released shortly after conclusion of the final examinations, on the date specified by the University. You may access an unofficial copy of your grades using WebAdvisor from the University of Guelph web site on the same release day.

### **What if I fail a course?**

If you fail a course, you have a chance to take a course again or an alternative course. The summer semester provides opportunity to catch up with failed courses or take electives to lighten course loads in later semesters. For more details, see “Failed Courses” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar. If you believe that there are extenuating circumstances related to failing the course, see the Program Counsellor for assistance. The Program Counsellor will also be willing to meet with you to create a plan to maximize your success when you re-take the course.

### **What if I think there was a mistake on the final grade for one of my courses?**

You may request a grade reassessment. To do this you must submit a request in writing to the chair of the department offering the course, no later than the 10th day of class of the succeeding semester. For details on this process, see “Grade Reassessment” in the “Undergraduate Degree Regulations and Procedures” section of the Undergraduate Calendar.

### **What if I’m not sure that I’m in the right program?**

Make an appointment to talk with the BASc. Program Counsellor. You can discuss your interests, academic progress, and goals, and consider options and alternatives. You can clarify the degree requirements and find out about other services.

### **May I apply to transfer into another BASc major?**

If you wish to transfer into Applied Human Nutrition or Family Studies and Human Development, please contact the BASc Program Counselling Office at [bascprog@uoguelph.ca](mailto:bascprog@uoguelph.ca), telephone 519-824-4120, Ext. 58964 or drop by the office in MINS 253. There is an internal BASc application form to complete which is available in MINS 253. If you wish further information regarding the high school subject requirements, the course requirements and the grade average required, please arrange an appointment with Linda Zehr, the BASc Program Counsellor.

### **May I apply to transfer into another University of Guelph degree program?**

If you wish to transfer to another University of Guelph degree program, please contact Admission Services for details regarding the transfer application process and deadlines, the high school subject requirements and the grade average required. Admissions Services may be reached at [admission@uoguelph.ca](mailto:admission@uoguelph.ca) or telephone 519-824-4120, Extension 58721 or 3<sup>rd</sup> Floor University Centre. The degree programs and affiliated majors are listed in the Undergraduate Calendar at:

<https://www.uoguelph.ca/registrar/calendars/undergraduate/current/c10/index.shtml>

If have questions regarding course requirements for other majors, please contact the relevant Program Counselling Office and their contact information is at:

<https://www.uoguelph.ca/uaic/programcounsellors>.

### **Where do I find the schedule of courses for a particular semester?**

The course schedule is available on WebAdvisor>Students>Search for Sections.

## Why can't I register for a course I need for my program?

- There are a number of reasons why you may not be able to get into a course at a certain time:
- It may not be your course selection window
- Some courses are restricted to certain groups of students. This is called "Priority Access"
- Some courses require instructor consent (i.e., BASc practicum and thesis courses)
- You may not have the required prerequisites or co-requisites or required credits
- The course/section is full

If you are a **BASc major** (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver. This is a paper process. The Course Waiver Request form may be obtained from WebAdvisor,

[https://www.uoquelp.ca/registrar/sites/undergraduate/files/forms/course\\_waiver\\_request.html](https://www.uoquelp.ca/registrar/sites/undergraduate/files/forms/course_waiver_request.html) or from the BASc Counselling Office, MINS 253. Also, see our department website for the course waiver process: <http://www.uoquelp.ca/family/undergraduate-course-waivers>

## What do I do if a course I need for my program is full when it is my turn to register?

Sometimes a course may look full on WebAdvisor, but there is still room for students who require it for their program of study. Keep your eye on WebAdvisor, as spaces may open throughout the course selection period. If you are a BASc major or ~~FCS minor~~ (including transfer students), we will make every effort to accommodate your required courses in your unique schedule. You may need a course waiver.

## How do I get a course waiver for a BASc course?

Each department may have a different process for allowing students into their courses. To get into a course from another department, we suggest you contact the course instructor or department directly. In some departments, the instructor of the course signs the course waivers. In the Department of Family Relations and Applied Nutrition for BASc and other students, most course waivers are signed by the Academic Program Administrator, [fran.undergraduate@uoquelp.ca](mailto:fran.undergraduate@uoquelp.ca), MINS 247. Further information is available at <https://www.uoquelp.ca/family/undergraduate-course-waivers>

## How do I get a letter of reference from a faculty member?

References are a CRITICAL component of any application to graduate or professional schools. The guidelines outlined below will help you through the process.

### Choose faculty carefully

- ✓ First approach faculty who have taught you 3rd and 4th year level courses
- ✓ Ask whether the faculty member can provide you with a strong letter of reference
- ✓ Letters from assistant, associate or full professors are generally preferred at most
- ✓ Institutions

### Request references early

- ✓ Ask whether the faculty member wishes paper or electronic documents
- ✓ Allow at least 3 weeks for faculty to produce letters

### Information/materials to provide about yourself

- ✓ Remind the professor of the program you are in and the course(s) you have taken with them (include course code and semester)
- ✓ Brief summary (1/2 page) of your key strengths/areas that you think should be emphasized; especially note any outstanding accomplishments you may have had in the course(s) taught by this particular faculty member
- ✓ Unofficial transcript
- ✓ Draft of your statement of interest/plan of study/letter of intent

### Information/materials to provide about the program(s) to which you are applying

- ✓ Name and location of the program
- ✓ Brief description of the program and/or link to the program website, if applicable
- ✓ Type of reference required (i.e., online, forms, letter, etc.)
- ✓ Forms and/or links to the reference forms (Make sure that any required information is on forms, if applicable)
- ✓ Deadline/due date for receipt of letter of reference
- ✓ Address for the letter of reference, and contact person, if applicable
- ✓ You may be asked to provide an addressed envelope in which the faculty member can send the letter of reference

### Confirmation

- ✓ Ask the faculty member to confirm that your letter of reference has been sent

### **How can I get research experience?**

There are multiple ways to get research experience as part of your undergraduate studies. For students considering graduate school this may be especially important. Generally, it is recommended you have successfully complete (recommended final grade of 75% or higher) or are currently taking FRHD\*3070 Research Methods and/or STAT\*2090 Introductory Statistics II. For each option, you'll need a faculty member to supervise your research work. It is recommended that you contact a faculty member well in advance of your interest in research (e.g. at least one semester in advance). Suggested ways to get research experience include:

- **Undergraduate thesis:** You'll need a faculty member to supervise your research work while you take FRHD\*4810, Thesis I and FRHD\*4910, Thesis II. FRHD\*4810 involves planning and writing the proposal, including critical analysis of the literature. FRHD\*4910 involves conducting the research and analysis, writing the results in thesis format, and presenting the work in a suitable venue. Note: an undergraduate thesis is typically a two-semester 1.5 credit commitment.
- **Research Internship:** The purpose of FRHD\*3500 is to give students a direct, initial experience in conducting research in Family Relations and Human Development. The internship focuses on familiarizing students with the research process and building research skills through active engagement in research under the direct guidance of a faculty member. The specific assignments will depend on the research project. Students who are involved in newer research studies may be involved in literature review, study design, and/or the ethics review process. Those who are involved in the latter stages of a research project may gain experience with data analysis and manuscript preparation. Note: the research internship is a one semester 0.5-credit commitment.

***For both undergraduate thesis and research internship students need to find a faculty member who agrees to supervise them. To register in either course, you will need to be signed in with instructor consent. It is recommended you approach a faculty member well in advance with a copy of your unofficial transcript, your resume, and a summary of your research interests.***

- **Volunteering:** Rather than a formal course where you can gain research experience you can also approach faculty members and request a volunteer position supporting their research. Volunteer research opportunities can range in their intensity of time and duration of commitment.
- **Summer Undergraduate Research Assistant:** The Undergraduate Research Assistantship (URA) program is a competitive program that provides summer research opportunities to undergraduate students with demonstrated financial need. The application process starts in December, but the research positions begin in May and typically last for 16 weeks. Students gain research experience, work with faculty, and further their insight into their field of studies while earning a salary. Visit Student Financial Services for more information and the link is:  
<https://www.uoguelph.ca/registrar/studentfinance/ura/index>

# Child, Youth and Family-Child Studies-Students Association



Hello Incoming Child Studies Students,

We wish to extend our most heartfelt congratulations on your acceptance into the Child Studies (CSTU) major! Our names are Tatiana and Ellie and we are the Presidents of the Child, Youth and Family Studies and Child Studies Student Association (CYF-CSTU-SA). On behalf of CYF-CSTU-SA, welcome to the Child Studies major!

The CYF-CSTU-SA is an enthusiastic, student-run group that organizes a variety of events for all CYF-CSTU students throughout the Fall and Winter semesters. Events range from social events such as dinners and painting nights, to academic events, like a career night or Q & A with faculty professors around course selection time. This, however, may look a little different given the current circumstances of the new online format for the Fall semester. Nonetheless, throughout the year, CYF-CSTU-SA works hard to fundraise for charitable causes related to our program, as well as provide opportunities for CYF-CSTU and other BAsC Majors to connect.

We encourage you all to consider becoming a member of the CYF-CSTU-SA. This is a great chance to get to know upper year students in the same program, gain leadership experience and help run events for students in your year! Within the first few weeks of classes, CYF-CSTU-SA will be having elections to fill the remaining spots on our 2020-2021 executive council. This year, we are looking for **TWO** first year representatives. If you would like to be part of a dedicated student association, then make sure to look out for emails about our elections! All first years will receive an email with the council's constitution, which includes a description of all the positions and their duties, and a nomination form, which you are to fill out and send back to us. The date and time of elections have not yet been determined, so make sure to keep checking your Gryph mail! If an executive position isn't for you, we strongly suggest you come out to our meetings and join as a general member!

To learn more about who we are and what we do, come visit one of our events during Orientation Week! CYF-SA has planned two events specific to first-year CYF students. Our events this year are "Yoga with CYF-CSTU-SA", where we will do an Instagram live yoga session for free, followed by a question and answer period about our program, as well as a "Bob Ross Paint Tutorial", where we will be doing a live stream of a Bob Ross episode for you to follow along. These events are a great way to meet online with other students who will be taking the same classes as you, learn more about your student association, as well as voice any questions or concerns you may have! Check out the O-Guide for the time, date and online location of these events! We hope to see you there!

We are so excited that you chose to study at the University of Guelph. Not only is the University amazing, but the city is beautiful and such a wonderful place to live! It won't be long before you consider this city your home and your classmates great friends. Once again, congratulations, as you are officially a Gryphon!

We hope to see you all at our events this year!! Please feel free to contact us at [ffishe01@uoguelph.ca](mailto:ffishe01@uoguelph.ca) or [emcpheem@uoguelph.ca](mailto:emcpheem@uoguelph.ca) with any questions or concerns you may have.

Best of luck as you navigate through your first-year experiences!

*Tatiana Fisher and Ellie Mullins*

# Faculty Research Interests

For more details about our faculty research and their contact information please go to each of the faculty web link from the departmental web page: <https://family.uoguelph.ca/faculty>.

## Beyond Undergrad

### Career Planning

#### **Experiential Learning Hub**

The many valuable services offered by Experiential Learning Hub - Co-operative Education and Career Services can help you plan for your career. Even if you think you know what you want to do, these services can help you make the best choices to reach your goal. You can examine your potential, develop your skills for applying for jobs, and make contact with potential employers. Start now by discovering the opportunities at Career Services through the University of Guelph web site or by visiting their office. The University of Guelph, Experiential Learning Hub - Co-operative Education and Career Services website is:

<https://www.recruitguelph.ca/cecs/>.

#### **Volunteering**

You have unlimited opportunities for volunteering on campus and in the Guelph community while you are a student. Through volunteering, you can gain practical experience, while providing help for others. Volunteering can give you realistic experiences in the nutrition field, which helps you to apply classroom knowledge and makes classroom experience more meaningful. Volunteer opportunities in the community are announced on the CSTU Listserv and through the Student Volunteer Connection,

<https://studentlife.uoguelph.ca/svc>. Check with faculty members to see if they have any volunteer opportunities available. Remember, communications skills are very important.

When you volunteer for community agencies you can increase your communication skills and gain an understanding about people's eating behaviour, by seeing how others eat, live, and learn.

#### **Graduate and Professional Studies**

Students have successfully used the BAsC degree to gain admission into graduate programs in social work, applied psychology, sociology, anthropology, physical and occupational therapy, speech and language, and social policy. If you plan to enter a graduate program after completing the Child Studies major of the BAsC degree program you will need to select certain courses as part of your undergraduate program to meet graduate program admission requirements. Sometimes these requirements are quite particular which means that you must plan your course selections early and carefully.

Although graduate programs differ in their entrance requirements, most graduate programs require that you have taken (at least): one course in research methods; two undergraduate statistics courses; and have completed an undergraduate thesis. For many of the programs you will be required to take Graduate Record Exams (GREs) in the specific field of study.

You are strongly advised to contact the graduate programs that interest you early in your program to determine the specific entrance requirements of each program. It is also recommended that you keep your course outlines in case course content and evaluation is requested.

## Careers and Further Education

The following is a list of potential career options and electives that may complement them. Be sure to check each program's admission requirements early in your undergraduate degree. In most cases, the electives suggested below are not necessarily requirements (though in some cases they are), and this is certainly not an exhaustive list. Keep in mind that the electives listed below may also have prerequisites that you need to acquire before taking the class. Check course descriptions in the undergraduate calendar for details and for when the course is offered.

Often, programs will also require specified amounts of volunteer work, and verbal and/or written references from professors and supervisors. Start building up your volunteer experience and relationships with professors early in your undergraduate education. These experiences will be extremely useful to you when the time comes to prepare graduate school applications.

### Articulation Agreements

A pathway agreement between the University of Guelph and Conestoga College graduates from the two-year Diploma Program in Early Childhood Education, who meet criteria, will be offered credits of advanced standing in the Child Studies major. Contact your Program Counsellor if this applies to you, or to check that advanced standing has been granted.

An articulation agreement between Guelph and Nipissing University (Faculty of Education) guarantees a number of places in the Primary, Junior Division of Nipissing's B.Ed. Program for qualified Child Studies graduates. Placement is on a competitive basis. For further information, the link to Admission Services is <https://admission.uoguelph.ca/pathway-nipissing-university>.

### Teaching

Faculties of Education (Teacher Colleges) in Ontario vary in the requirements that are suggested for admission. Students who intend to pursue a career in teaching should become familiar with the requirements of the colleges that are of interest and select electives accordingly. The Program Counsellor or the Faculty Advisor may assist you in choosing electives.

For extensive information about teacher education programs in Ontario, visit:

<http://www.ouac.on.ca/teas/>

For information about the Ontario College of Teachers, visit: <http://www.oct.ca/home.aspx>

Graduates interested in elementary school teaching need additional study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, Canadian history or Canadian geography. Review the Course Descriptions in the undergraduate calendar to find courses at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/> for additional choices.

Graduates interested in elementary school teaching need additional study at a Faculty of Education. For those who wish to teach primary (junior kindergarten to grade 3) or junior (grades 4 to 6), each faculty of education may have certain required courses for admission. Often recommended are courses in visual or performing arts, mathematics, languages, physical or natural sciences, Canadian history or Canadian geography. Some suggested courses to consider are listed below. Also, review the Course Descriptions in the undergraduate calendar at <http://www.uoguelph.ca/registrar/calendars/undergraduate/current/> for additional choices.

| <b>Course</b>  | <b>Offered In</b>                 |
|--|-----------------------------------|
| ENGL*1200 Reading the Contemporary World   | Fall and Winter Semesters         |
| MUSC*2150 Music and Popular Culture  | Fall and Winter Semesters         |
| SART*1150*DE Contemporary Artistic Practice  | Fall Semester                     |
| THST*1040 Introduction to Performance  | Fall and Winter Semesters         |
| HIST*1010 The Early Modern World   | Summer, Fall and Winter Semesters |
| HIST*2100 Pre-Confederation Canada*<br>*prerequisites include 2.00 credits including 0.50 credits in History at the 1000 level | Fall Semester                     |
| GEOG*2510 Canada: A Regional Synthesis   | Winter Semester                   |

Students interested in intermediate (grades 7 to 10) level teaching need to acquire a teachable subject in a specific discipline. Normally, this requirement consists of six semester courses in an area of concentration. Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements

Students interested in the intermediate/ senior level of teaching (grades 7 through 12) need to acquire a first teachable subject and a second teachable subject. Normally a first teachable requires 5.00 credits in a subject area, and a second teachable requires 3.00 credits in another subject area from the Teaching Subjects list at a Faculty of Education. Students are strongly advised to contact the Faculties of Education that interest them early in their programs to determine the specific requirements. Those students selecting Family Studies as a teachable are advised to consider the following courses in the following area

## **Family Resource Management (Consumer Economics)**

MCS 2100 Personal Financial Management

## **Foods and Nutrition**

NUTR 2050 Nutrition Through the Life Cycle

HTM 2700 Understanding Foods (restricted to specific degree program students, can only be taken with special permission from Instructor, if space is available)

HTM 2740 Cultural Aspects of Food

NUTR 4070 Nutrition Education

## **Child and Family Development**

FRHD 4020 Family Theory

FRHD 4400 Youth, Risk and Resilience

Additional courses in the areas of 1) **Housing and Interior Design** and 2) **Clothing and Textiles**

may be taken on a Letter of Permission (LOP) if available at other Universities (check Ryerson or Brescia). See your Program Counsellor for further details.

The Ontario Institute for Studies in Education (OISE) at the University of Toronto offers various graduate programs in education. For further information, go to the following link:

<http://www.oise.utoronto.ca/oise/Home/>

## **Child Life and Pediatric Psychosocial Care**

This is a Master of Science program and is located at McMaster University. For information about admissions visit: <http://childlife.mcmaster.ca/>. Please note one of the requirements includes undergraduate courses in child development which covers birth to 18 years. Courses covering those ages are:

FRHD\*2260 Infant Development

FRHD\*2270 Early and Middle Childhood or PSYC\*2450 Developmental Psychology

FRHD\*2280 Adolescent Development

The following electives may be useful for you if you are considering Child Life and Pediatric Psychosocial Care

PHIL\*2030 Philosophy of Medicine

PSYC\*3570 Psychology of Death and Dying

## **Law**

For extensive information about law schools in Ontario, visit: <http://www.ouac.on.ca/olsas/>

Some electives you may want to consider:

POLS\*3130 Law, Politics and the Judicial Process

PSYC\*3020 Psychology of Law

SOC\*1500 Crime and Criminal Justice

SOC\*3490 Law and Society

## Medicine/Psychiatry

For extensive information about medical schools in Ontario, visit:

<http://www.ouac.on.ca/omsas/>

You will require extensive science electives, and careful planning with your CSTU degree. Check with individual schools, and speak with your Program Counsellor for assistance.

For enquiries regarding a career in medicine go to the Canadian Faculties of Medicine Association of Faculties of Medicine of Canada website: <https://afmc.ca/>

## Nursing

There are Nursing programs available in Ontario community colleges and the link is: [http://www.ontariocolleges.ca/SearchResults/HEALTH-FOOD-MEDICAL-NURSING/\\_N-lo8d](http://www.ontariocolleges.ca/SearchResults/HEALTH-FOOD-MEDICAL-NURSING/_N-lo8d)

Accredited Canadian Nursing Education program and accelerated programs may be found at the following link: <https://www.casn.ca/accreditation/accredited-canadian-nursing-education-programs/>. For example, the McMaster University Accelerated Nursing link is <https://nursing.mcmaster.ca/programs/undergraduate/bscn-accelerated> and the University of Toronto at: <https://bloomberg.nursing.utoronto.ca/programs/bachelor#content1>

You may also want to go to Co-operative Education and Career Services for further information on Nursing Programs.

## Graduate Education

Graduate programs (Masters and Ph.D.) vary in the requirements for admission. Students who intend to pursue a graduate degree after completing the BAsC in CSTU should become familiar with the requirements of the various graduate programs that are of interest and select electives accordingly.

Consider exploring electives in other departments and beyond those listed below. You are able to take electives in many areas provided you have the prerequisites, there are not scheduling conflicts and it is not restricted to certain majors or degree programs. Please refer to WebAdvisor for further information.

The Department of Family Relations and Applied Nutrition offers six graduate degrees in four program areas: Applied Human Nutrition (MSc and PhD), Applied Nutrition (MAN), Couple and Family Therapy (MSc), and Family Relations and Human Development (MSc and PhD). Further information is at <https://www.uoguelph.ca/family/graduate-programs-fran>.

CSTU majors may consider applying to:

Couple and Family Therapy (MSc) and further information may be found at the following link: <https://www.uoguelph.ca/family/couple-and-family-therapy-msc>

Family Relations and Human Development (MSc) and further information may be found at the following link:

<https://www.uouelph.ca/family/family-relations-and-human-development-msc-phd>.

<http://www.gradschools.com/> This website may be helpful in locating some graduate programs. Please note a number of Canadian graduate programs may not be listed.

### Psychology

Many of your electives will need to be courses taken from the Department of Psychology if you want to enter a graduate program in Psychology. You will also need to do a 4<sup>th</sup> year thesis, FRHD\*4810 and FRHD\*4910. Most psychology programs require the GRE (Graduate Record Exam) for entrance into the program. For a listing of accredited programs recognized by the Canadian Psychological Association visit:

<http://www.cpa.ca/accreditation/cpaaccreditedprograms/>

### Rehabilitation Sciences

For extensive information about Occupational Therapy, Physiotherapy and Speech/Language Pathology programs in Ontario, visit: <http://www.ouac.on.ca/orpas/>

Some of the suggested courses listed below may be designated as Priority Access. Please check with department offering the course for further information on the restriction.

### Occupational Therapy

PSYC\*2390 Sensation and Perception  
PSYC\*2410 Behavioural Neuroscience

### Physiotherapy

BIOL\*1080 Biological Concepts of Health  
PSYC\*2390 Principles of Sensation and Perception  
PSYC\*2410 Behavioural Neuroscience

### Speech/Language Pathology

LING\*1000 Introduction to Linguistics  
SPAN\*3240 Topics in Hispanic Linguistics  
PSYC\*2390 Sensation and Perception  
PSYC\*2410 Behavioural Neuroscience

### Social Work

Graduate Social Work programs in Ontario must be applied to through the individual universities, and there is not currently one central resource for admission requirements.

FRHD\*3090 Poverty and Health  
FRHD\*4020 Family Theory  
PSYC\*2310 Social Psychology  
SOC\*3040 Sociology of Social Welfare

The following website from Ontario Association of Social Workers, provides information on Social Work as a Career as well the Social Work Education Programs offered in Ontario,

[https://www.oasw.org/Public/Social\\_Work\\_in\\_Ontario/Social\\_Work\\_Programs.aspx](https://www.oasw.org/Public/Social_Work_in_Ontario/Social_Work_Programs.aspx)

Special Needs

If you are considering working with individuals with special needs (physical, educational, intellectual), the following electives will be useful to you:  
PSYC\*3850 Intellectual Disabilities

#### Potential Career Options

- Early childhood education
- Community-based services
- Mental health services
- Elementary and secondary school teaching\*
- Child and youth work\*
- Social work\*
- Speech and language pathology\*

\*Careers require further education

Check labour market information at <http://www.workingincanada.gc.ca>