Master of Applied Nutrition: MAN

The Master of Applied Nutrition (MAN) program is the only one-year graduate practicum program of its kind in Ontario. This unique interdisciplinary academic program prepares students to work in a practical setting by combining theory, empirical knowledge and professional skills. This dietetic education program is an accredited program recognized by the Partnership for Dietetic Education and Practice (PDEP) and prepares students for eligibility for registration with a provincial dietetics regulatory body.

uoguel.ph/man

Program

The MAN program consists of three components:

- Practicum placements
- An applied research project
- Graduate course work

Admission Requirements

Students applying to the MAN program must have:

- An honours degree within the previous three years from a dietetic program accredited by PDEP
- A minimum average of at least 75% in the last two years of their undergraduate program
- Grades of at least 75% in applied statistics and social science research methods courses
- These requirements may be in progress at the time of application but must be completed by April 30
- Access to a car for practicum placements and seminars

Application Deadline:
December 13, 2019

Master of Applied Nutrition, 2018-2019 cohort

EXPERIENTIAL LEARNING OPPORTUNITIES

University of Guelph is centrally located. Diverse training experiences include hospitals, family health teams, private practice dietitians and large national organizations. Grand River Hospital (Kitchener) provides practicum experiences for 4 students each year.

ARE YOU INTERESTED IN:

- Food and nutrition
- Health promotion
- Sports and/or clinical nutrition
- Food service administration

CAREER OPPORTUNITIES:

- Dietitian working in primary, acute or long-term care
- Food service administration
- Public health dietitian
- Nutrition researcher
- Private practice dietitian

CONTACT INFORMATION

Graduate Program Assistant:
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UNIVERSITY of GUELPH

Improve Life.

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GRADUATE SPOTLIGHT

Jessica B.
Registered Dietitian and Wellness Manager, Queen's University

Education:

- MAN (University of Guelph)
- BASc Applied Human Nutrition (University of Guelph)
- Food and Nutrition Management Diploma (Canadore College)

Areas of Interest:

- Foodservice administrative work
- Data/product analysis

Continuing at Guelph:
After completing her undergraduate degree at Guelph, Jessica maintained ties with the university as a research assistant with Dr. Laura Forbes. It was during this time through discussions with Dr. Forbes that she became interested in the MAN program. "The more I talked about it with her, the more I loved it."

About the program:
Although she had an idea of what to expect in the program through discussions with faculty, the program exceeded Jessica's expectations. From the course work completion of a PEN (Practice-based Evidence in Nutrition) Knowledge Pathway, to publication of her research project and feeling much more confident in facilitation and public speaking.

Faculty and cohort support:
Support from faculty and her cohort reinforced Jessica's drive and confidence in not only her course work but as a future professional. Being asked on an ongoing basis to aid in the continuation of the MAN program through the use of her course work as exemplars for the new cohort, participation in interviews and orientation for the new cohort has built Jessica's confidence in her abilities.

Current Employment:
Since October 2017, she's been working as a registered dietitian and wellness manager at Queen's University, where she helps students with unique nutritional requirements.

Jessica works closely with campus chefs and hospitality staff to provide healthy meals for students and cater to their diverse dietary needs, which range from students with food allergies or sensitivities to those who follow vegetarian or vegan diets.

"I am the go-to person for allergy management," says Jessica, "I work with students to help them navigate what they can and can't eat to keep them safe".

Why MAN?

- Master-practicum combined program completed in 3 semesters
- Application of classroom learning to placement, all in the same week
- Creation of practicum pathways with individual career objectives in mind
- Academic diversity with students from institutions across Canada
- Networking opportunities to support career development

WHAT OUR GRADUATES SAY

"I think the reputation of the MAN program and diversity of the experience that I had set me up for success in my current position allowing me to become one of the senior clinical dietitians." Paula, MAN Graduate – 2003

"The MAN program has opened my eyes to other areas in dietetics where I could work and the creativity in finding my own career path. Dietetics is always changing, it is a field with continued learning." Sheree, MAN Graduate – 2017

"Each and every one of my placements were unique and contributed valuable experiences. I found all of my preceptors to be excellent mentors; they were very knowledgeable and supportive of my needs and goals as a dietetic intern." Nicole, MAN Graduate – 2016

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