**Family Relations and Human Development (FSHD) – Program Plan**

Please refer to [**2021- 2022 Academic Undergraduate Calendar**](https://calendar.uoguelph.ca/undergraduate-calendar/programs-majors-minors/family-studies-human-development-fshd/#requirementstext) for official program information

Name: ID#: Date:

***Course offerings are subject to change. Courses may have scheduling changes, priority access, restrictions or be offered through Distance Education (DE) only. Please check*** [***WebAdvisor***](https://webadvisor.uoguelph.ca/WebAdvisor/WebAdvisor?TYPE=M&PID=CORE-WBMAIN&TOKENIDX=3791662903) ***for further information and watch for email messages from the FSHD Listserv.***

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| **Semester** | **Offered** | **Course Code** | **Course Title** | [**Prerequisite(s)/Co-requisites/ Restrictions**](https://calendar.uoguelph.ca/undergraduate-calendar/course-descriptions/) |
| 1  *Fall* | F W22DE | FRHD\*1010 | Human Development | Priority Access |
| F W | NUTR\*1010 | Introduction to Nutrition | Priority Access |
| S F W | PSYC\*1000 | Introduction to Psychology | Priority Access |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| 2  *Winter* | S22DE W | FRHD\*1020 | Couple and Family Relationships | Priority Access |
| W | MBG\*1000 | Genetics and Society |  |
| F W  S F W | **One of:**  ANTH\*1150  SOC\*1100 | Introduction to Anthropology  Sociology |  |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| 3  *Fall* | F  F | **One of:**  FRHD\*2060  FRHD\*2280 | Adult Development and Aging  Adolescent Development | 1 of ANTH\*1150, FRHD\*1010, FRHD\*1100, PSYC\*1000, PSYC\*1100, PSYC\*1200, SOC\*1100, Priority Access  1 of ANTH\*1150, FRHD\*1010, FRHD\*1100, PSYC\*1000, SOC\*1100, Priority Access |
| F | STAT\*2080 | Introductory Applied Statistics I | See Academic Calendar |
| F W | POLS\*2230 | Public Policy | 2.00 credits |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| 4  *Winter* | F21DE  W, S22DE  F22 | FRHD\*2100 | Development of Human Sexuality | 4.00 credits, Priority Access |
| W | FRHD\*2400 | Introduction to Human Services | 1 of FRHD\*1010, FRHD\*2060, FRHD\*2270, FRHD\*2280, PSYC\*2450. Restricted to students in CYF, CYF:C ADEV, ADEV:C, FSHD, Instructor Consent |
| W | STAT\*2090 | Introductory Applied Statistics II | STAT\*2080 |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| 5  *Fall* | F | FRHD\*3070 | Research Methods - Family Studies | 4.00 credits, Restricted to students in B.A.Sc. |
| W’22\* F’22  \*Last Winter Offering. | FRHD\*3090 | Poverty and Health (offered in even-numbered years, revised to a Fall offering) | 8.00 credits including (1 of FRHD\*1010, FRHD\*2260, FRHD\*2270, FRHD\*2280, PSYC\*2450) |
| F W | FRHD\*3400 | Communication and Counselling Skills | 4.00 credits including (1 of ANTH\*1150, FRHD\*1010, FRHD\*1020, FRHD\*1100, PSYC\*1000, SOC\*1100), Priority Access |
| FW  FW | **One of:**  FRHD\*3250  FRHD\*3290 | Practicum I: Youth **(1.00 credit)**  Practicum I – Adult **(1.00 credit)**  (may be taken in Semester 5 or 6) | FRHD\*2350 or FRHD\*2400  Co-requisite: FRHD\*3400. Registration in the BASC program (CYF, CYF:C, or FSHD majors). Instructor consent required  FRHD\*2350 or FRHD\*2400  Co-requisite: FRHD\*3400  Restricted to students in BASC ADEV, ADEV:C, FSHD. Instructor consent required. |
|  |  | Elective or restricted elective |  |
| **Note**: FRHD\*3250/3290 may be taken in either Semester 5 or Semester 6 | | | |

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| *6*  *Winter* | W | FRHD\*3040 | Parenting and Intergenerational Relationships | 8.00 credits  Co-requisite(s): FRHD\*1020 or  (1 of FRHD\*2060, FRHD\*2260, FRHD\*2270, FRHD\*2280, PSYC\*2450). Priority Access |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| *7*  *Fall* | F | FRHD\*4020 | Family Theory | 12.00 credits including FRHD\*1020  Priority Access |
| F | FRHD\*4310 | Professional Issues | 12.00 credits,  Co-requisite(s): FRHD\*3400.  Restricted to students in BASc. |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
| *8*  *Winter* | W | FRHD\*4260 | Social Policies | 13.00 credits, (1 of FRHD\*2040, FRHD\*2300, FRHD\*2350, FRHD\*2400, POLS\*2230)  Restriction(s): FRHD\*4320.  Restricted to students in BASc. |
| W | **One of:**  FRHD\*4200  FRHD\*4250  FRHD\*4400 | Issues in Human Sexuality  Aging and Health  Youth, Risk and Resilience | 13.00 credits including FRHD\*2100  Restricted to students in BASc.  13.00 credits including (1 of BIOM\*2000, BIOM\*3200, FRHD\*2060)  Restricted to students in BASc  13.00 credits including (1 of FRHD\*1010, FRHD\*2060, FRHD\*2270, FRHD\*2280, PSYC\*2450)  Restricted to students in BASc. |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |
|  |  | Elective or restricted elective |  |

**Restricted Electives:** In addition to the 11.00 credits, an additional 1.50 restricted electives are required in total from any of the courses listed in the restricted elective content areas (can be from one or more areas). See [**2021-2022 FSHD Academic Undergraduate Calendar**](https://calendar.uoguelph.ca/undergraduate-calendar/programs-majors-minors/family-studies-human-development-fshd/#requirementstext) for course pre-requisites and restrictions.

**Restricted Electives Content Area 1: Adult Development and Gerontology**

(F W) BIOL\*1080 [0.50] Biological Concepts of Health

(F WDE) BIOM\*2000 [0.50] Concepts of Human Physiology

(F) FRHD\*2060 [0.50] Adult Development and Aging

(F) FRHD\*3060 [0.50] Principles of Social Gerontology

(S F W) FRHD\*3500 [0.50] Research Internship

(F) FRHD\*4190 [0.50] Assessment in Gerontology

(W) FRHD\*4250 [0.50] Aging and Health

(F W) FRHD\*4290 [1.00] Practicum II: Adult

(U) FRHD\*4810 [0.50] Thesis I

(U) FRHD\*4910 [1.00] Thesis II

(W) NUTR\*3150 [0.50] Aging and Nutrition

**Restricted Electives Content Area 2: Sexuality and Relationships**

(W) ENGL\*2190 [0.50] Queer Literatures and Cultures (odd numbered years)

(S F W) FRHD\*3500 [0.50] Research Internship

(W) FRHD\*4200 [0.50] Issues in Human Sexuality

(F W) FRHD\*4290 [1.00] Practicum II: Adult

(U) FRHD\*4810 [0.50] Thesis I

(U) FRHD\*4910 [1.00] Thesis II

(F) HIST\*3020 [0.50] Sexuality and Gender in History

(S F) SOAN\*2400 [0.50] Introduction to Gender Systems

**Restricted Electives Content Area 3: Youth Studies**

(F) FRHD\*2280 [0.50] Adolescent Development

(S F W) FRHD\*3500 [0.50] Research Internship in Family Relations and Human Development

(F W) FRHD\*4340 [1.00] Practicum II: Youth

(W) FRHD\*4400 [0.50] Youth, Risk and Resilience

(U) FRHD\*4810 [0.50] Thesis I

(U) FRHD\*4910 [1.00] Thesis II

(F) HIST\*3200 [0.50] Youth in History

(F W) SOC\*3710 [0.50] Youth Justice- *a Course Waiver signed by Instructor is needed to add this course, if space permits*